

1. Read the definition of a bucket list and discuss the questions.



A bucket list is a list of all the experiences you want to have during your life.










- ★ Do you have a bucket list? Why/Why not?
- ★ What kind of things do you think people put on them?



AIR MAIL

2. Read the bucket list ideas. Which can you see in the photos?



-  take part in a marathon ☐
-  perform in a play ☐
-  raise money for charity ☐
-  take up a new sport ☐
-  go backpacking ☐
-  explore the ancient ruins of Egypt ☐
-  experience a new culture ☐
-  apply to be a film extra ☐
-  try hot-air ballooning ☐



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3. Match the verbs (1-9) with phrases (a-i).

1 take part in

2 perform

3 raise money

4 take up

5 go

6 explore

7 experience

8 apply

9 try

a in a band/in a show/on stage

b travelling/hiking/ice skating

c a new cuisine/scuba diving/learning a new language

d a new cuisine/something new/living abroad

e to appear on a TV programme

f a hobby/golf

g to help animals/for your local school

h the jungle/the coast of Canada

i a singing competition/a race



★ Which activities have you done?

★ Which would you like to do?



4. Read the blog and answer the questions.

- ★ What activities and experiences does the writer recommend? Why?
- ★ Which activities has the writer already done? Does he say exactly when?
- ★ Which hasn't he done yet?

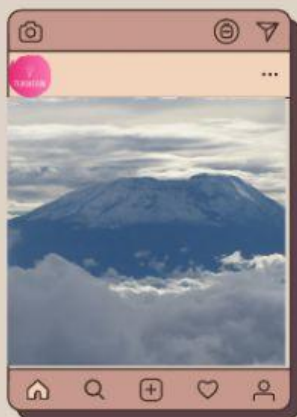
Have you ever felt that time is passing and you haven't achieved very much? I used to feel like that all the time, until I created my bucket list. Here are some ideas of things you could try!

- Take up a new sport

Sports are a great way to keep fit and they can be exciting, too. For example, have you tried water sports? I've been diving several times and it's an amazing experience. I'm going to take up skiing too when I find the time!



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- Experience new cultures

Travelling helps us experience new cultures. This year I've already been to three different continents and I've learned a lot from each place I've been to. My favourite place was Canada. I went to Toronto for two weeks in January. There are some places I haven't been to yet, like South Africa, but it's on my bucket list.

- Raise money for charity

Raising money for charity is a great way to help people and it can be fun, too. A friend of mine is going to climb Kilimanjaro for a children's charity next year and she's already raised £1,000 since she started training.

- Take up a hobby or interest

I've always enjoyed games of skill like chess. They make you think really hard and help to improve your memory. Doing something creative is fun, too. A friend of mine has just joined a band. He loves performing and he's having a great time.



5. Read the grammar box and choose the correct alternatives.

Present perfect and past simple



Use the _____ for:

- experiences in our lives up to now; often with ever and never.
- events that happened in the past when the exact time is not important.

I've been diving.

- recently completed actions.

A friend of mine has joined a band recently.

Use the _____ for:

- completed actions/events in the past at a particular time.
- an action/a situation covering a period of time that started and finished in the past.

I went to Toronto for two weeks in January.

Other time expressions you can use with the present perfect include:

- already, which means 'before now'

I've already tried scuba diving.

- yet with negative verbs and questions, which means 'up to now'.

I haven't tried sushi yet.



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6. Listen and notice the pronunciation of you've, I've and she's.



1. Write down the things you've always wanted to do.
2. I've travelled to many different countries.
3. She's already raised £1,000.

7. Choose the correct alternatives.

1. A: Have you ever visited/Did you ever visit New York?
B: Yes, I have/did. I went/'ve been there several times.
A: When have you last been/did you last go?
B: I've been/went there two years ago.

2. A: Did you/ Have you ever performed in a play?
B: No, I haven't/didn't. I'd like to do it sometime.

3. A: Have you ever been to Scotland?
B: No, I haven't been/didn't go yet, but I'd like to go one day. How about you?
A: I've already been/already went there - it's great.



AIR MAIL

8. You're going to make a bucket list. First, read the ideas below and listen to Paula and her friend John. Which ideas does John suggest?



- go on a hot-air balloon ride
- apply to appear on a TV programme
- go to the next Olympic Games
- join a drama club and perform in a play
- go to a music festival
- take up a new sport
- start a local group to raise money for wildlife



Listen again. Which activities has Paula already done? Which things does she decide to put on her list?

You're going to discuss bucket list ideas. Think about the following:

- what you'd like to include on your bucket list and why
- what experiences you could recommend to your friend

