Use of English

Wonders of Technology

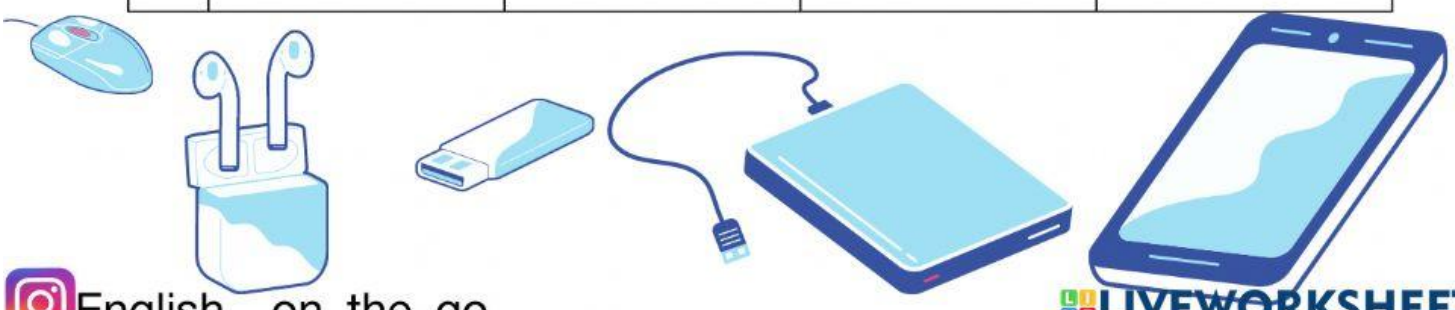


Read the text below, choose the correct answer (A, B, C, D)

Technology has changed the way we live, work, and interact with each other, and there's no denying its impact on our daily lives. From smart homes to virtual reality, the possibilities are seemingly endless, and there's always something new and (1) _____ just around the corner. While it's important to strike a balance between our digital and physical lives, we (2) _____ to keep in mind the convenience and efficiency that technology brings. So why not embrace the future and discover all the amazing ways it can enhance your life?

However, with the constant barrage of information and stimulation from our devices, it can be easy to get caught up in a cycle of constant distraction. The solution? Create healthy boundaries with technology. Turn off your devices during designated "tech-free" times, (3) _____ dinner or bedtime, and limit your social media use. By doing so, you'll be able to fully engage in the present moment and enjoy (4) _____ more mindful and intentional life. Plus, you'll finally be able to disconnect from the digital world and reconnect with the real one. Imagine being able to have a conversation without getting interrupted by notifications, or being able to focus (5) _____ a task without being tempted to check your phone. (6) _____ healthy technology boundaries can not only improve your mental wellbeing but also enhance your relationships and productivity. So, go ahead and give it a try, your future self will thank you for it!

1	A exciting	B excite	C excitement	D excited
2	A must	B ought	C should	D may
3	A such	B as	C like	D likely
4	A the	B a	C any	D no
5	A with	B in	C on	D at
6	A Establishing	B Establish	C To establish	D Establishment



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LIVEWORKSHEETS