

1 Write the correct phrasal verbs. Use *cool, cut, eat, fill, go, heat, live* and the correct prepositions.

- 1 when food is too old and is no longer suitable to eat *go off*
- 2 to eat in a restaurant
- 3 when the temperature of something reduces
- 4 to make food hot
- 5 to remove a food or drink from your diet
- 6 to eat mainly one type of food
- 7 to eat in order to stop feeling hungry
- 8 to finish eating some food

2 Complete the sentences with the correct form of the verbs in the box. There are two extra words.

cool down cut out eat out eat up
fill up on go off heat up live on

- 1 Why don't we *eat out* on Friday – we could try that new Italian place?
- 2 Have you *heat up* the pasta in the microwave yet, or shall I do it?
- 3 I can't drink my coffee yet, it's too hot – it needs to *cool down*.
- 4 I don't think we can eat this – it smells like it's *go off*.
- 5 He used to *eat out* apples and bananas if he was hungry between meals.
- 6 The doctor told him to *cut out* red meat from his diet and eat more vegetables.

3 Complete the sentences with the correct adverb form of the words in the box.

complete deep dramatic happy
incredible necessary sensible typical

- 1 It was Saturday morning, so the supermarket was *incredibly* busy.
- 2 Tom has become *completely* vegetarian and doesn't eat any meat or fish at all now.
- 3 We *regularly* get around 40 to 50 customers a night at this restaurant.
- 4 We don't *need* have to eat out at a restaurant, we could have a picnic in the park.
- 5 He *simply* decided not to accept the offer. It was a good decision.
- 6 I had to change my diet *completely* when I found out I had diabetes, but I can still eat cheese and fruit.
- 7 My brother apologised and said he was *deeply* sorry for what he'd done.
- 8 They would *regularly* eat sweets all day long if we let them!

4 Put the words in the correct order to make sentences. Then write the adverb form of the adjectives.

- 1 accidental / dropped / I / the box / and / is ruined / the cake / on the floor
I accidentally dropped the box on the floor and the cake is ruined.
- 2 recipe / This / complicated / to follow / is not / terrible
- 3 eat / said / you / Basic, / more / should / fruit / the doctor
- 4 read / was / I / extreme / her blog / impressed / when / I / last night

- 5 Travelling / physical / makes / sick / me / feel / of a bus / at the back
- 6 on the menu, / a great selection / mere / four dishes / There are / that's not

5 Choose the correct options.

A: Have you ever done any cooking?
B: Yes, lots. At the weekend I help cook lunch. I used to just cut up vegetables or ¹ *heat up* things, but now I often cook the meal. Dad likes that, he says it feels like he's ² *at home!*

A: So, you enjoy cooking?
B: Yes, I do. It's fun planning what to eat. I would ³ *cook* every day if I had the time. What about you?
A: No! None of us cook. We ⁴ *ready-made* meals.

B: No wonder you're always ⁵ *do* things. You need to change your diet ⁶ *!* I could show you how to make some simple, healthy dishes that require little ⁷ *the* ready-made meals.

A: Thanks.

1 A <i>heat up</i>	B <i>cool down</i>	C <i>go off</i>
2 A <i>eating up</i>	B <i>eating out</i>	C <i>filling up</i>
3 A <i>completely</i>	B <i>happily</i>	C <i>merely</i>
4 A <i>go off</i>	B <i>eat up</i>	C <i>live on</i>
5 A <i>so tired that</i>	B <i>such tired that</i>	C <i>too tired to</i>
6 A <i>basically</i>	B <i>necessarily</i>	C <i>dramatically</i>
7 A <i>preparation</i>	B <i>registration</i>	C <i>permission</i>
8 A <i>cut out</i>	B <i>cool down</i>	C <i>go off</i>