Name: _____ No.: _____ Class: _____

Gabe needs to lose weight

Vocabulary (คำศัพท์)

- fit into (v.): to be the right shape and size for somebody or something (พอดี)
- anymore (adv.): at the present or from now on (อีกต่อไป, ตั้งแต่ เดี๋ยวนี้)
- fond of (adj.): feeling affection for somebody or something (ชอบ, โปรด)
- chocoholic (n.): a person who likes chocolate very much and eats a lot of it (คนที่ชอบกินช็อกโกแลต)
- overweight (adj.): too heavy and fat (มีน้ำหนักเกิน)

Idioms: (สำนวน)

- lose weight หมายถึง ลดน้ำหนัก, ลดความอ้วน
- I'm just kidding. หมายถึง ฉันล้อเล่น
- I can't live without ... หมายถึง ฉันอยู่ไม่ได้ถ้าไม่มี ... ใช้เมื่อต้องการบอกว่า สิ่งใดสิ่งหนึ่งมีความสำคัญมากจนขาดไม่ได้
- It's up to ... หมายความว่า แล้วแต่..., ขึ้นอยู่กับ...



LIVEWORKSHEETS

Conversation:
Gabe needs to lose weight

Gabe: Nick, I need to lose weight. I can't fit into my clothes anymore.

Nick: Buy a bigger size! No, I'm just kidding. How often do you exercise?

Gabe: Hardly ever.

Nick: You should exercise regularly. Do you eat fruit and vegetables?

Gabe: I'm not fond of fruit, but I like salad.

Nick: That's good! What about hamburgers and fries?

Gabe: Those are my favorites. I eat them all the time.

Nick: You shouldn't. They have lots of fat. And do you eat much sugar?

Gabe: Yeah. I like ice cream, desserts, and. . .chocolate. I'm a chocoholic.

Nick: Too much sugar is bad for you.

Gabe: I can't live without chocolate. It makes me feel good.

Nick: Well, it's up to you. Do you prefer to stay overweight and feel bad?



LIVEWORKSHEETS

About the Conversation

1. Why does Gabe feel bad?

   Ans.: Because he can't fit into his clothes anymore. .

2. What should he do?

   Ans.: _____.

3. What should he eat?

   Ans.: _____.

4. What are his favorite foods?

   Ans.: _____.

5. What sweets does he eat?

   Ans.: _____.

6. What shouldn't he eat?

   Ans.: _____







LIVEWORKSHEETS