Gold Experience C1

Ireland

midletonschool

Listening

You are going to listen to five people talking about different tools they use.

Task 1

For questions 1–5, choose from the list (A–H) the field each speaker talks about.

A linguistics
B finance
C journalism
D architecture
E education
F project management
G photography
H consulting

Speaker 1 **1** .....
Speaker 2 **2** .....
Speaker 3 **3** .....
Speaker 4 **4** .....
Speaker 5 **5** .....

___/10

Task 2

For questions 6–10, choose from the list (A–H) a benefit of the tool that each speaker uses.

A it has its own storage system
B it is simple and user-friendly
C it requires less storage capacity
D it doesn't require any type of media to record
E it gives access to the original source
F it makes writing very quick
G it's small and highly portable
H it doesn't require downloads

Speaker 1 **6** .....
Speaker 2 **7** .....
Speaker 3 **8** .....
Speaker 4 **9** .....
Speaker 5 **10** .....

LIVEWORKSHEETS

Use of English

Task 1

Complete the sentences with the correct form of the verbs in brackets.

1 When I ..... (arrive) at the venue, the play ..... (start) and my friends ..... (think) of going ahead without me.

2 He has been competing for many years and felt his efforts needed ..... (recognise). Eventually he ended up ..... (win) a medal only ..... (find out) later it was the bronze.

3 One thing that has enabled me ..... (succeed) as a writer is keeping an ideas book. Everyone should consider ..... (keep) one. The more you write them down, the ..... (creative) you become.

___/9

Task 2

Choose the correct words to complete the text. Sometimes both options are possible.

Do you have memories that you wish you could play back?

When I was at primary school I **(1) would** / **used to** love playing games and my favourite was a spelling game. My grandmother gave me the game and taught me how **(2) play** / **to play** it when I was five. I liked it straightaway because I kept **(3) to win** / **winning**. I practised thinking out loud while I **(4) was spelling** / **spelled** the words and won a plastic coin every time I did it correctly. I made me so happy, it was **(5) as if** / **like** I was winning a real coin. My mother used to encourage me to play the game because she saw it **(6) as** / **like** a chance to teach me reading as well. Happy memories!

___/6

Task 3
Complete the sentences with a suitable preposition.

1 She is talented ..... web designing and has revamped our social media pages.

2 I have contacted the council several times about the issue and I am thoroughly fed up ..... their excuses.

3 He says he is still weighing ..... the pros and cons of the options we have given him.

4 He seemed to think he could show up for training ..... will.

5 The workshop is for those who want to get published, but are not ..... the know

6 His suggestion about the community project didn't go ..... very well.

___/6

LIVEWORKSHEETS

Task 4

Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

The Trust Scheme	
Do you know of a successful project that has had a great impact in your community?	
Do you know someone who has created an **(1)** ..... volunteering project in your community? This award gives an opportunity to nominate a person or a project that they think deserves to be **(2)** ..... . For many, making time for volunteering is a near **(3)** ..... . It can be **(4)** ..... easy to lose sight of something that you really want to do because other things take priority. That's why it's important to appreciate people for **(5)** ..... to projects that do something great for the community. If you know someone who has **(6)** ..... spent endless hours supporting a good cause or managed a **(7)** ..... project that has changed your community, please take time to make a nomination. The shortlisted **(8)** ..... will be invited to the award ceremony at the National museum.	**INSPIRE** **RECOGNISE** **POSSIBLE, ASTONISH** **COMMIT** **SELF** **TRIUMPH** **NOMINATE**

___/8

Task 5

Complete the second sentence so that that is has a similar meaning to the first sentence using the word given. Do not change the word given. Use between three and six words.

1 As a result of playing his latest video game, Ben was late for his training.

BEEN

Ben was late for his training because ..... latest video game.

2 There weren't any tickets left when John arrived at the cinema.

GONE

All the tickets ..... got to the cinema.

3 It looks like the team building workshop has moved to Saturday.

APPEARS

The team building workshop ..... to Saturday.

4 First Kate identified the issue, and then she found some solutions.

WENT

After identifying the issue, Kate ..... some solutions.

LIVEWORKSHEETS

5 I think Ben hates his neighbourhood from the way he speaks about it.

IF

Ben speaks about his neighbourhood ..... .

6 We all agreed that the company would host the charity event.

IN

We ..... that the company would host the charity event.

___/12

Reading

Why keeping a diary could be the key to a better memory
In recent years, as the popularity of many types of books have declined, sales figures for biographical and autobiographical memoirs have remained strong. Everyone, it seems, wants to tell their story.

1 .....

Erik Erikson described the lifelong desire to establish a unique identity and find a sense of purpose. His contemporary Abraham Maslow created a theory of "self-actualisation". Clearly, recalling and making sense of our past helps us establish identity and purpose.

2 .....

One of the best ways to remember and make sense of what happens in your life is to keep a written diary. According to Arthur Applebee, Professor in the School of Education at Albany University in New York, keeping a record of personal events – either online or, better yet, by hand – enables you to reach more reasoned conclusions about what you've learned.

3 .....

If you wish to make it as easy as possible to recall recent events accurately, the best time to do so is bedtime, as Agnes Szollosi and her colleagues at the University of Technology and Economics in Budapest discovered.

4 .....

Thirty days later, participants were asked to recall as much of what they'd recorded as possible. Those who'd kept their diary in the evenings – whether they recounted events of that same day or the day before – had greater and more accurate recall than participants who'd written their diary in the morning.

5 .....

On the other hand, it would seem that when memory is in an 'unstable' form, it's vulnerable to interference. When people write in their diary in the morning the consolidation process may be interrupted by the events that happen during the day.

6 .....

Start it today and make it a structured practice of retrieval of your life experiences, even if they are trivial, in order to benefit from its short- and long-term effects.

LIVEWORKSHEETS

1. Read the article. Choose from the paragraphs (A–G) the one which fits each gap (11–16). There is one extra paragraph which you do not need to use.

A They recruited 109 young adults and asked them to keep a daily diary for five days. Participants were given one of three sets of instructions: to record in the evening the events of that same day; to record in the morning events of the previous day; or to record in the evening events of the previous day.

B Despite knowing the benefits of writing memories down, many lack motivation to keep a diary, ignoring the fact that it would free some space in the brain to deal with the effects of negative thoughts and sad memories.

C This isn't surprising. Throughout the last century, a number of psychologists wrote about the powerful human need to make sense of one's life.

D If you'd like to increase the chance of remembering and making sense of your past, keep a written diary – and do so just before bedtime as your memories will get carved deeper.

E Writing down what you experience also improves substantially your ability to remember it later, as Martin Conway and Sue Gathercole showed in a series of experiments conducted at Lancaster University.

F The researchers suggest that this is because when we recall events just before bedtime, the memories are consolidated and stabilised during the sleep that follows.

G Nowadays, however, when we're constantly tempted by distractions and besieged by more information than we can process, life can seem disorganised and chaotic. This, in turn, may cause us to doubt our memory and wonder if we'll ever find clarity, direction and purpose

LIVEWORKSHEETS

LIVEWORKSHEETS