

# Sports are so boring!

1. Listen to the conversation between Rich and Jack about their interests in sports. Fill in the gaps in the dialogue with the words that you hear.

**Rich:** But ... you've never done it before. How are you going to \_\_\_\_\_ up with everyone else?

**Jack:** It's a running club. I'm not going to be running in races - it's not competitive. If anything, we're \_\_\_\_\_ against the clock. You might be trying to beat a certain time or run a little further but that's it.

**Rich:** It sounds a bit boring to me. No winners. I think I'd just give \_\_ and stop when I was tired. It's like going to the gym on your own. You need to have some kind of \_\_\_\_\_ to push yourself - to keep on going.

**Jack:** I've signed up to the running club to keep \_\_, not win prizes.

**Rich:** I know, I know. It's the taking part, not the winning, that counts. But, if you're going to \_\_ up a new sport and keep it up, you need to have some competition.

**Jack:** I don't think so. Imagine I took up \_\_\_\_\_. I've never played basketball in my life. I'd play a few games, lose all the time, \_\_ up and never play again.

**Rich:** That's the spirit! Come on! You need to give it a little bit of time - everyone starts somewhere - you've just got to join \_\_ and you'll get better at it. You can't \_\_\_\_\_ out of something straight away.

**Jack:** I'm not chickening out of anything because I'd never join up in the first place. I'm happy with the \_\_\_\_\_ club. We meet up once a week, decide where we're going to run, we split up into \_\_\_\_\_ groups who run more or less at the same speed and \_\_ up again after the run.

**Rich:** Different groups? That could be competitive. You could try to \_\_\_\_\_ up with the group in front of you, or you could be the fastest in your group when the others are getting \_\_ and slowing down near the end, you could speed up?

**Jack:** It's not like that. Sorry. We don't try to \_\_\_\_\_ anyone. There are no winners.

**Rich:** How boring!