

Worksheet 5

Read the text and answer the questions

Unit 10a

Extreme sports

Some people would rather live dangerously, and they keep on finding new and exciting ways to do it. Let's take a look at just a few of the latest extreme sports crazes that are popular around the world! You'd better not
5 try any of them yourself though without proper training and appropriate equipment!

SNOWBIKING

Can't wait to hit the ski slopes this winter? Then how about trying snowbiking, the newest thrill-seeking
10 experience that is becoming very popular all over the world? Snowbiking involves riding a bicycle that has skis instead of wheels over the snow.

It's a challenge that expert skiers and mountain bikers will love! It
15 started in North America and its popularity just keeps on growing. Some fans are even trying to get it accepted as an
20 Olympic event!

PARKOUR

For people who like running, climbing and jumping, parkour, also called free running, may be the best sport! Runners must get from point A to point B in the fastest way possible, going over obstacles
25 such as walls, trees, benches and even buildings rather than going around them. It started in France and is now taking London and other cities by storm.

KITESURFING 30

What do you get if you combine kiting and surfing? Kitesurfing, of course, the new craze that has taken over the beaches of Hawaii and is now spreading fast around the world! Kitesurfing involves flying through the air at top speed with a
35 parachute above you and a board attached to your feet. It's difficult to learn but very exciting once you do!

1. What's your favorite sport?.....
2. How often do you play it?
3. Which sports are popular in your country?
4. How much do you know about the extreme sports?
5. What types of extreme sport do you like to do?
6. Where could you see kite surfing?.....
7. What equipment do you need for snow biking?.....
8. What equipment do you need for kite surfing?.....
9. What type of sport started in North America?.....
10. What type of sport started in France?.....