

4



Match and say.

- |            |                  |
|------------|------------------|
| to have ●  | ● in a doctor    |
| to catch ● | ● sick           |
| to ask ●   | ● for help       |
| to cut ●   | ● fit            |
| to break ● | ● first aid      |
| to give ●  | ● a stomach ache |
| to call ●  | ● a leg          |
| to feel ●  | ● medicine       |
| to keep ●  | ● a finger       |
| to look ●  | ● ill            |
| to take ●  | ● a cold         |

5

Read and say which doctor's advice<sup>1</sup> is true.

- 1 Don't get on buses and trams. Walk, walk and walk. ☒ ☐
- 2 Go to bed after midnight. ☒ ☐
- 3 Eat once a day. It is enough. ☒ ☐
- 4 Don't skip your breakfast. You need energy for the whole day. ☒ ☐
- 5 White chocolate makes your teeth white. ☒ ☐
- 6 Eat fruit at least once a day. ☒ ☐
- 7 Too cold or too hot drinks are bad for your teeth. ☒ ☐
- 8 Playing computer games makes your fingers strong. ☒ ☐
- 9 Brush your teeth three times in the evening. ☒ ☐
- 10 Wash your hands after every meal. ☒ ☐