PRESENT PERFECT SIMPLE VS CONTINUOUS

Choose the best tense in these sentences.

- 1. I love that film. I've seen / I've been seeing it three times.
- 2. She's got some great ideas for her book, but she hasn't written / hasn't been writing it yet.
- 3. Sorry I'm late. How long have you waited / have you been waiting?
- 4. My mum often works abroad. This week, she's worked / she's been working in Paris.
- 5. Don't take my plate away. I haven't finished / I haven't been finishing my lunch!
- 6. We've got / We've been getting ready for the party. We still need to decorate the room.
- 7. Can you speak more slowly? I haven't understood / haven't been understanding everything.

Read this email and put the verbs into the most appropriate form (present perfect simple or present perfect continuous)

Hi Stephanie	
How are you? I (1) 've been having	(have) a lovely time here in Spain. Sorry I (2) (not write)
to you for ages but I (3)	(work) hard here in Spain since I arrived six weeks ago. The family
I'm living with are very kind and I (4) (met) some really nice Spanish people of my age. They
(5) (take) me	out a few times. I think my Spanish (6)(improve) a lot
because I (7)	(not have) the opportunity to speak much English since I arrived, except to the
children. My job is to look after the	e children, who are 5, 8 and 11. I'm normally not supposed to work at weekend
but the parents (8)	(go) to Madrid this weekend. I think the mother is missing the children
a lot - she (9)	. (phone) six times already! The children (10) (play) in the
garden since breakfast though and	d they're quite happy so I (11)(write) emails all morning. I
(12) (send) si	x so far!
I won't see you now until the end of	of September because I (13)(change) my flight so that I ca
go travelling before I come home.	
I (14) (wonder) what you (15) (do) since I left! Write back soon and tell
me all your news.	
Love Emily	

A week later, Stephanie phones Emily and asks her some questions. Use the prompts to write her questions using the most appropriate form (present perfect simple or continuous) in the speech balloons.

1 you visit / Madrid yet?	4 you learn / how to cook Spanish food?
Have you visited Madrid yet?	
2 you get up early / every day?	5 How many times / you eat / paella?
3 you buy / anything?	6 where / you decide / to go travelling?

