

**Read the sentences. Match these adjectives of feeling to the sentences.**

confused • disappointed • frightened • interested  
relaxed • stressed • tired • worried

- 1 'This book is good and I'm enjoying it. It's a good subject.' interested
- 2 'I can't believe I failed my driving test. I really wanted to pass.' \_\_\_\_\_
- 3 'I stayed up all night last night watching films and now I can't keep my eyes open.' \_\_\_\_\_
- 4 'I've got all this homework to do and an exam tomorrow. Help!' \_\_\_\_\_
- 5 'I don't understand how to do the maths homework. It's too complicated.' \_\_\_\_\_
- 6 'I'm just having a nice hot bath and I'm feeling very calm and happy.' \_\_\_\_\_
- 7 'It's 2 am and my son isn't home. I hope he's OK.' \_\_\_\_\_
- 8 'Look at that huge spider! Please put it outside! I can't touch it!' \_\_\_\_\_

**Circle the correct alternative.**

- 1 Were you surprised/stressed when you saw us waiting with a cake and presents on your birthday?
- 2 He was disappointed/bored during the film because he was watching it for the second time.
- 3 My parents were very happy/sad when my sister passed all her exams.
- 4 She was worried/tired about walking home alone.
- 5 I never get frightened/stressed when I watch horror films. I love them!
- 6 I sometimes get disappointed/confused with English spelling.
- 7 He was so bored/excited when he met Adele. He couldn't stop talking about it.
- 8 When Kim's little sister took her favourite shoes she was really relaxed/angry.

**Write the correct words.**

- 1 good at thinking, understanding and learning  
i \_\_\_\_\_
- 2 puts a lot of time and effort into work  
h \_\_\_\_\_
- 3 thinks carefully, doesn't find things funny  
s \_\_\_\_\_

- 4 does what they say they are going to do  
r \_\_\_\_\_
- 5 positive and friendly c \_\_\_\_\_
- 6 nice and helpful to people k \_\_\_\_\_
- 7 doesn't say much q \_\_\_\_\_
- 8 doesn't like working or making any effort  
l \_\_\_\_\_

**4 Match the halves to make sentences.**

- |                                 |                                 |
|---------------------------------|---------------------------------|
| 1 He didn't sleep last night so | a and do something!             |
| 2 She seems very serious,       | b he's very hard-working.       |
| 3 Jim gets good results because | c they understand what you say. |
| 4 Don't be lazy. Get up         | d What are they doing?          |
| 5 Dogs are intelligent so       | e he's tired this morning.      |
| 6 The children are too quiet.   | f but she can be good fun.      |

#### VOCABULARY EXTENSION

**5 Complete the sentences with these nouns.**

anger • confusion • excitement  
happiness • relaxation • surprise

- 1 My sister shows her \_\_\_\_\_ by shouting at everyone.
- 2 Holidays are a good time for \_\_\_\_\_. I just sunbathe and do nothing.
- 3 There was a lot of \_\_\_\_\_ before our trip to the US. Everyone was really looking forward to it.
- 4 There was some \_\_\_\_\_ about what time we arranged to meet. I thought it was 3.30, but Mary thought it was four.
- 5 I won the prize. It was a big \_\_\_\_\_!
- 6 My dog gives me a lot of \_\_\_\_\_. I'm always smiling when he's with me.