Read the sentences. Match these adjectives of feeling to the sentences.

confused • disappointed • frightened • ~~interested~~
relaxed • stressed • tired • worried

1 'This book is good and I'm enjoying it. It's a good subject.' *interested*
2 'I can't believe I failed my driving test. I really wanted to pass.' .....
3 'I stayed up all night last night watching films and now I can't keep my eyes open.' .....
4 'I've got all this homework to do and an exam tomorrow. Help!' .....
5 'I don't understand how to do the maths homework. It's too complicated.' .....
6 'I'm just having a nice hot bath and I'm feeling very calm and happy.' .....
7 'It's 2 am and my son isn't home. I hope he's OK.' .....
8 'Look at that huge spider! Please put it outside! I can't touch it!' .....

Circle the correct alternative.

1 Were you *surprised/stressed* when you saw us waiting with a cake and presents on your birthday?
2 He was *disappointed/bored* during the film because he was watching it for the second time.
3 My parents were very *happy/sad* when my sister passed all her exams.
4 She was *worried/tired* about walking home alone.
5 I never get *frightened/stressed* when I watch horror films. I love them!
6 I sometimes get *disappointed/confused* with English spelling.
7 He was so *bored/excited* when he met Adele. He couldn't stop talking about it.
8 When Kim's little sister took her favourite shoes she was really *relaxed/angry*.

Write the correct words.

1 good at thinking, understanding and learning
i.....
2 puts a lot of time and effort into work
h.....
3 thinks carefully, doesn't find things funny
s.....
4 does what they say they are going to do
r.....
5 positive and friendly c.....
6 nice and helpful to people k.....
7 doesn't say much q.....
8 doesn't like working or making any effort
l.....

4 Match the halves to make sentences.

1 He didn't sleep last night so	a and do something!
2 She seems very serious,	b he's very hard-working.
3 Jim gets good results because	c they understand what you say.
4 Don't be lazy. Get up	d What are they doing?
5 Dogs are intelligent so	e he's tired this morning.
6 The children are too quiet.	f but she can be good fun.

VOCABULARY EXTENSION

5 Complete the sentences with these nouns.

anger • confusion • excitement
happiness • relaxation • surprise

1 My sister shows her ..... by shouting at everyone.
2 Holidays are a good time for ..... . I just sunbathe and do nothing.
3 There was a lot of ..... before our trip to the US. Everyone was really looking forward to it.
4 There was some ..... about what time we arranged to meet. I thought it was 3.30, but Mary thought it was four.
5 I won the prize. It was a big ..... !
6 My dog gives me a lot of ..... I'm always smiling when he's with me.

LIVEWORKSHEETS