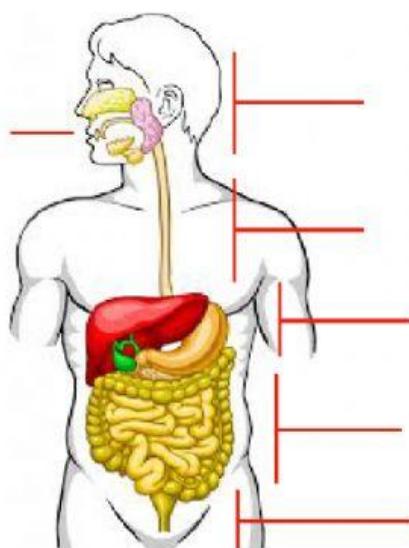


## FUNCTIONS OF THE DIGESTIVE SYSTEM (CLICK THE ONES THAT ARE CORRECT)

|                            |  |  |                                   |
|----------------------------|--|--|-----------------------------------|
| CUT, CHEW AND SWALLOW      | ABSORB WATER AND MINERALS              | MOVE YOUR BLOOD                            | ABSORB THE NUTRIENTS TO THE BLOOD |
| MAKES URINE                | DO THE DIGESTION OF THE FOOD           | DO VOLUNTARY AND INVOLUNTARY BREATHING     | PROTECT INTERNAL ORGANS           |
| MOVE THE FOOD (PROPULSION) | EXPULSE CARBON DIOXIDE AND OTHER GASES | EXPULSE THE WASTE FOOD THAT YOU DON'T NEED | CONTROL DE QUANTITY OF HORMONES   |



### CLICK THE GOOD HABITS OF THE DIGESTIVE SYSTEM

|   |  |
|---|--|
| DRINK WATER   | LET YOUR STOMACH HAVE A REST (DEIXAR-LO DESCANSAR) |
| EAT SUPER FAST                                      | DO PHYSICAL ACTIVITY                               |
| EAT PROTEINS, GOOD FATS, VITAMINS AND CARBOHYDRATES | EAT ULTRAPROCESSED FOOD                            |
| EAT FIBER (FIBRA)                                   | EAT HIGH QUANTITIES OF SUGAR AND SALT              |
| BRUSH YOUR TEETH                                    | CUT AND CHEW PROPERLY                              |