

I. Read and choose the word which best fixes the gap. There an example that has been done for you.

0 A recommended B reminded C recognised D remembered

### Famous explorer

Captain James Cook is (0) **D** ..... today for being one of Britain's most famous explorers of the 18th century. Cook was (1) ..... most other explorers of the same period as he did not come from a wealthy family and had to work hard to (2) ..... his position in life. He was lucky to be (3) ..... by his father's employer, who saw that he was a bright boy and paid for him to attend the village school. At sixteen, he started (4) ..... in a shop in a fishing village, and this was a turning (5) ..... in his life. He developed an interest in the sea and eventually joined the Royal Navy in order to see more of the world.

Cook was (6) ..... by sailing, astronomy and the production of maps, and quickly became an expert in these subjects. He was also one of the first people to (7) ..... that scurvy, an illness often suffered by sailors, could be prevented by careful (8) ..... to diet. It was during his (9) ..... to the Pacific Ocean that Cook made his historic landing in Australia and the (10) ..... discovery that New Zealand was two (11) ..... islands. He became a national hero and still (12) ..... one today.

- |               |                |               |                |
|---------------|----------------|---------------|----------------|
| 1 A different | B contrary     | C distinct    | D unlike       |
| 2 A manage    | B succeed      | C achieve     | D fulfil       |
| 3 A remarked  | B viewed       | C glanced     | D noticed      |
| 4 A trade     | B work         | C career      | D job          |
| 5 A moment    | B instant      | C point       | D mark         |
| 6 A keen      | B eager        | C fascinated  | D enthusiastic |
| 7 A regard    | B estimate     | C catch       | D realise      |
| 8 A attention | B organisation | C observation | D selection    |
| 9 A travel    | B voyage       | C excursion   | D tour         |
| 10 A serious  | B superior     | C major       | D leading      |
| 11 A shared   | B particular   | C common      | D separate     |
| 12 A remains  | B stands       | C maintains   | D keeps        |

## Cycling

I have been a keen (0) ..... for about nine years. When I began cycling, I found the flat roads easy but the hills almost (17) ..... Surprisingly, now it's the opposite. A long flat ride can be both dull and (18) ..... as you never experience that fantastic feeling of freedom when speeding downhill. Years ago, going uphill left me (19) ..... Now I have learned to take hills slowly and steadily.

CYCLE  
POSSIBLE  
EXHAUST  
BREATH

When I set off, I'm full of energy and the first hundred metres are (20) ....., the next couple of kilometres a bit tiring, but on the whole the experience is very (21) .....

MARVEL  
ENJOY

Cycling is (22) ..... any other forms of exercise I have tried; it is never a chore but always a (23) ..... The physical benefits are obvious but the mental benefits are (24) ..... important; when you are travelling calmly at a sensible speed, you breathe fresh air, have time to think and can relax.

LIKE  
PLEASE  
EQUAL