COLLOCATIONS

11 Complete the text with the correct form of the verbs in the box.

get (x2) see write put (x2) take have (x2) rest hurt book give reduce

Forum


scarymary2

I've really (1) _____ my knee. It's red and swollen. I've (2) _____ some painkillers. Any ideas about what else I can do?


belle101

It depends what you've done. If it doesn't (3) _____ better in a couple of days, you should (4) _____ a doctor. In fact, if you're in a lot of pain, you ought to (5) _____ an appointment now. The doctor may just (6) _____ you a prescription for a special cream but you need to (7) _____ a check-up.


catfish

I had a bad knee and I had to (8) _____ an X-ray. Luckily, I didn't need to (9) _____ an operation. They just (10) _____ me a couple of injections and it's been fine ever since.


scarymary2

I checked online and they said I ought to (11) _____ ice on it for a while and then (12) _____ my leg. But it hasn't (13) _____ the swelling, so I think I will go to the doctor's. I just don't want them to (14) _____ my leg in plaster!


catfish

That won't happen!

12 Tell your partner about an imaginary health problem and ask for advice.

PHRASAL VERBS

13 Complete the email with the correct prepositions.

To: emma_c@mail.co
Subject: this evening

Hi Emma!
About this evening – I'm afraid I've **gone** (1) _____ **with** some sort of bug. I've **come** (2) _____ **in** a rash and I keep **throwing** (3) _____! I think I **picked it** (4) _____ when I was in the hospital on Monday visiting mum. I've **looked** (5) _____ the symptoms online and I don't think it's anything serious! I'm sure I'll **get** (6) _____ **it** soon, but I don't think it's a good idea to go out tonight in case I **pass it** (7) _____ **to** you. Maybe we could meet up next week?
Lynne

EXTENDED

14 Choose the correct adjectives to complete the sentences.

1 Mum had a **splitting** / **striking** headache and went to lie down.
2 The important thing about a(n) **hurtful** / **itchy** rash is not to scratch it!
3 Kenny's brother hit him and now he's got a big **brown** / **black** eye.
4 Unfortunately, two people received **deathly** / **fatal** injuries in the accident.
5 If you suffer from **unsure** / **blurred** vision you should go to your doctor.
6 You don't have to stay away from me. I don't have a **catching** / **contagious** disease!
7 I fell over playing football and now I've got a **broken** / **torn** ligament.

COLLOCATIONS

15 Match the parts of sentences.

1 They can't give dad an immediate operation, so he has to go
2 My symptoms were quite complicated, so the doctor didn't diagnose
3 I did exactly what the doctor had said and I made
4 When my granny fell down the stairs, they admitted
5 It's a disaster if a singer loses his voice, so they take
6 After the accident, the paramedics gave

A preventive measures to ensure they stay healthy.
B a good recovery after the illness.
C on a waiting list for a few months.
D me the once-over and then let me go home.
E the problem for quite a while.
F her to hospital for a few days.

Healthy lifestyle

16 Choose the correct words to complete the advice.

WANT TO LIVE A LONGER AND HEALTHIER LIFE?
It's all down to your lifestyle.
(1) **Listen** / **Follow** the doctors' advice and cut (2) **out** / **down** on the amount of sugar in your diet. Why not (3) **exercise** / **work** out at the gym once a week or (4) **spend** / **take** half an hour a day walking instead of getting the bus? You'll keep fit and be in good (5) **way** / **shape**! Some people take a lot of vitamin (6) **supplements** / **extras**, but if you're getting a (7) **well-** / **fine-** balanced diet, this isn't necessary. Just remember to eat your five meals a day and you'll be fine. It makes sense to (8) **avoid** / **ignore** stress and get a good work-life balance, and a(n) (9) **short** / **early** night now and then will definitely help get rid of the (10) **bags** / **shades** under your eyes! Also, keep up-to-date with your (11) **injections** / **vaccinations**. Take care of your body and it won't let you down when you're older.

17 Work in pairs. How much of the advice in exercise 16 do you follow?

LIVEWORKSHEETS