Physical and mental state

1 Complete the dialogue with the correct words. The first letters have been given.

Alice Hi, Maria, how are you feeling today? Your face isn't as (**1**) **p**_____ as it was yesterday.

Maria Yeah – I'm feeling much (**2**) **b**_____, thanks. I don't know what was (**3**) **w**_____ with me yesterday. My legs suddenly felt really (**4**) **w**_____ and I felt (**5**) **d**_____. I thought I was going to (**6**) **f**_____.

Alice A lot of people have been feeling (**7**) **u**_____ recently. Last week, I felt very (**8**) **s**_____ for a couple of days and I didn't want to eat anything. Perhaps we're all feeling too (**9**) **s**_____ out about the exams next week!

Maria True – I think Miss Parks is the only one in our classroom who's feeling all (**10**) **r**_____!

EXTENDED

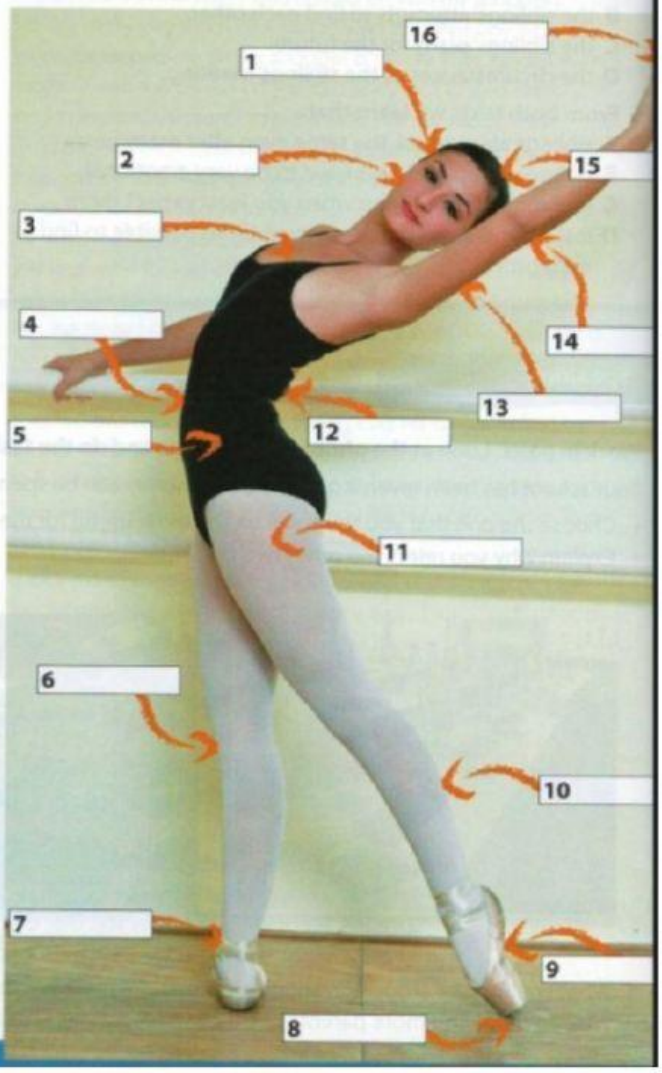
2 Complete the sentences with the correct words in the box.

weather	puffed	shattered	lagged
forgetful	colour	aching	

1 I was working until midnight last night and I feel absolutely _____ this morning.
2 I'm feeling a bit off-_____ today. I think maybe I ate something last night that disagreed with me.
3 My gran is getting a bit _____ these days. It's a shame because she used to be so sharp.
4 Don't ask me about the marathon. I'm _____ out and _____ all over!
5 Sorry, I'm a bit unfocused today. I'm still jet-_____ after the flight from the USA.
6 Would you mind taking Pete to see the nurse? He's feeling a bit under the _____.

Body parts

3 Label the picture with the correct words.



LIVEWORKSHEETS

4 Read the definitions and complete the words with the missing silent letters.

1 we need these to be able to move and lift things: **mus_les**
2 we use this when we eat: **tong_e**
3 our food goes there: **stomac_**
4 this is the top part of our leg: **thi_h**
5 we use this for texting: **thum_**
6 we use this to bend our leg: **_nee**
7 this joins our hand to our arm: **_rist**

EXTENDED

5 Complete the sentences with the correct words in the box.

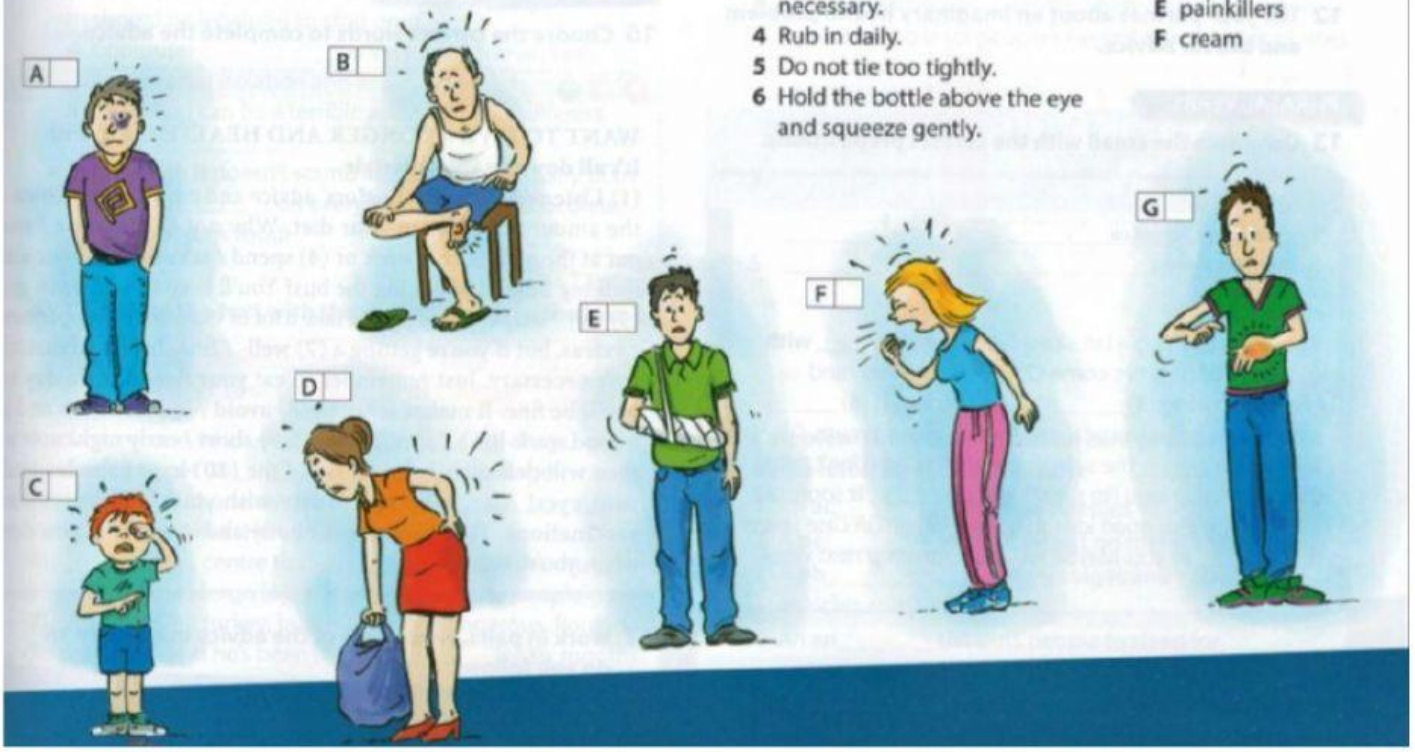
knuckles	veins	joints	gums	liver	lungs

1 The dentist always checks my _____ as well as my teeth.
2 Dan was in a fight yesterday and he hurt his _____.
3 When we breathe in, air goes into our _____.
4 People's _____ get stiffer as they get older.
5 If you drink too much alcohol, you can damage your _____.
6 When you look at your wrist, you can see the _____ through the skin.

Illnesses, aymptoms and treatment

6 Match sentences 1–7 with the pictures.

1 I've got a blister.
2 I've broken my arm.
3 I've got a bad cough.
4 I've got backache.
5 I've got a black eye.
6 I've cut my finger and there's blood everywhere.
7 I've got a swollen wrist.



7 Have you ever experienced any of the health problems mentioned in exercise 6? When was it? What did you do to get better?

8 Complete the names of illnesses with the correct words. Some letters have been given.

1 when you've eaten something badly cooked: food _o_ _o_i_ _
2 a severe headache: _i_ _ai_e
3 an illness that causes lots of small red spots: _ea_ _e_
4 influenza (flu) is caused by this: _i_u_
5 when you can't eat certain food, like nuts: a_ _e_ _y
6 starts as a small lump but can be deadly: breast _a_ _e_
7 when blood sugar levels need to be controlled: _i_b_ _ _s

COLLOCATIONS

9 Match the parts of sentences.

1 I've got a high	A nose. I need a tissue.
2 I've got a runny	B attack and had to go to hospital.
3 I've got a sore	C temperature, so I need to stay in bed.
4 I twisted my	D cut because I didn't clean it properly.
5 Dad had a heart	E ankle because I landed badly in the long jump.
6 I've got an infected	F throat because I've been shouting all day at the football match.

10 Match instructions 1–6 with items A–F they refer to.

1 Always shake the bottle before pouring.	A eye drops
2 Make sure you finish the course.	B bandage
3 Swallow two with water when necessary.	C cough mixture
4 Rub in daily.	D antibiotics
5 Do not tie too tightly.	E painkillers
6 Hold the bottle above the eye and squeeze gently.	F cream

LIVEWORKSHEETS