

3



Match.

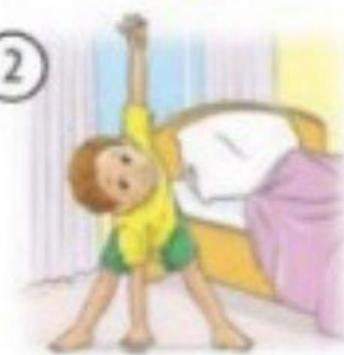
Early to bed,
early to rise,
Makes a person
healthy and wise.

1



Exercise can make
you strong.
It can be fun and
won't take long.

2



Wash your hands
before you eat.
Keep yourself both
clean and neat.

3



An apple a day
keeps the doctor
away.

4



Brush your teeth
and did you hear?
See your dentist
every year.

5



You should
eat good
food to stay
healthy.

You should
get a good
sleep.

You should
take care
of your teeth.

You should
wash often
to stay
healthy.

You should
do morning
exercises.

4



Write your
recipe for
a healthy life.