

HEALTH

Describe the photo.



<https://create.vista.com/pl/unlimited/stock-photos/488448304/stock-photo-sad-kid-sitting-mother-doctor/>

1. Is the girl keen on visiting a doctor? Why/why not?

2. What do you do to stay healthy?

3. Describe the last situation when you or somebody you know visited a doctor.

Basic questions:

1. How often do you have a general health check?
2. How many colds do you think you get a year?
3. When did you last have a high temperature? What medicine did you take?
4. Have you ever been in hospital? What was it like?
5. Have you ever visited a patient in hospital? Talk about the visit.
6. How difficult is daily life if you have a disability?
7. What advice would you give to a friend who wants to lose weight?
8. Do you think you have a healthy lifestyle? Why/why not?
9. How much water do you drink every day? Do you think it is enough?
10. Would you like to work as a doctor in the future? Why/why not?
11. Say about an injury you or your friend got while doing a sport.
12. Say about the last time you were ill.
13. Say about a diet you or your friend tried last time.

Advanced questions:

14. Why is leading a healthy diet so important? Discuss.
15. How effective are campaigns promoting health? Why?
16. Why do you think so many teenagers start smoking cigarettes?
17. What problems do disabled people have where you live? What can be done to help them?
18. What should an ideal diet consist of? Discuss.
19. More and more people get overweight. Why do you think it happens?
20. What natural remedies would you recommend to a person who has got a cold? Why?