

Here are some possible effects of an unhealthy diet.

- It makes you fat.
- You can get heart disease.
- It makes you aggressive.
- It makes your skin and hair look bad.
- You get worse academic results.

3 CD 2·10 **You are going to hear people talking about the link between food and crime. Complete the gaps 1–9 with one word.**

THE LINK BETWEEN FOOD AND VIOLENT CRIME

- TV commercials encourage people to [1]_____ the wrong kind of [2]_____
- The kinds of food shown in adverts include fizzy drinks, chocolate, [3]_____, biscuits, sweets, [4]_____ and chicken nuggets.
- There are no TV adverts for bananas or [5]_____
- The proportion of obese children has almost doubled in [6]_____ years.
- Children who don't have a balanced diet are more [7]_____.
- In the experiment, the number of violent incidents caused by the teenagers who changed their diet [8]_____ by [9]_____.

1 **How often do you eat out? Do you enjoy it?**

2 **In what order do you usually do these things in a restaurant? Number them 1–8.**

- Ask for the bill
- Have a dessert
- Order
- Have a main course
- Leave a tip
- Find a table
- Have a starter
- Read the menu

LIVEWORKSHEETS

3 **CD 2·11** **You are going to hear a radio programme about an unusual restaurant. For questions 1–5 choose the correct answer A–C.**

1 **Why is it dark in the restaurant?**

A To save energy.
B To make the atmosphere more romantic.
C To let you imagine what it's like being blind.

2 **How do you find your table?**

A You follow little lights in the floor.
B The waiter leads you there.
C There's just enough light to do it.

3 **Which of these difficulties is NOT mentioned?**

A Getting the waiter's attention.
B Finding things on the table.
C Pouring drinks.

4 **What was special about the meal Lily and Julian ordered?**

A It was vegetarian.
B They didn't know what they'd get.
C It was fried in a mustard sauce.

5 **Which of these statements best summarises how Lily and Julian felt about the restaurant?**

A They felt uncomfortable.
B It felt odd at first, but they liked it.
C They loved it from the start..

LIVEWORKSHEETS