Here are some possible effects of an unhealthy diet.

☐ It makes you fat.
☐ You can get heart disease.
☐ It makes you aggressive.
☐ It makes your skin and hair look bad.
☐ You get worse academic results.

3 CD 2·10 You are going to hear people talking about the link between food and crime. Complete the gaps 1–9 with one word.

THE LINK BETWEEN FOOD AND VIOLENT CRIME

- TV commercials encourage people to [1]_____ the wrong kind of [2]_____
- The kinds of food shown in adverts include fizzy drinks, chocolate, [3]_____, biscuits, sweets, [4]_____ and chicken nuggets.
- There are no TV adverts for bananas or [5]_____
- The proportion of obese children has almost doubled in [6]_____ years.
- Children who don't have a balanced diet are more [7]_____.
- In the experiment, the number of violent incidents caused by the teenagers who changed their diet [8]_____ by [9]_____.

1 How often do you eat out? Do you enjoy it?

2 In what order do you usually do these things in a restaurant? Number them 1–8.

Ask for the bill   Leave a tip
Have a dessert   Find a table
Order   Have a starter
Have a main course   Read the menu

LIVEWORKSHEETS

3 **CD 2·11** You are going to hear a radio programme about an unusual restaurant. For questions 1–5 choose the correct answer A–C.

1 Why is it dark in the restaurant?

    A To save energy.
    B To make the atmosphere more romantic.
    C To let you imagine what it's like being blind.

2 How do you find your table?

    A You follow little lights in the floor.
    B The waiter leads you there.
    C There's just enough light to do it.

3 Which of these difficulties is NOT mentioned?

    A Getting the waiter's attention.
    B Finding things on the table.
    C Pouring drinks.

4 What was special about the meal Lily and Julian ordered?

    A It was vegetarian.
    B They didn't know what they'd get.
    C It was fried in a mustard sauce.

5 Which of these statements best summarises how Lily and Julian felt about the restaurant?

    A They felt uncomfortable.
    B It felt odd at first, but they liked it.
    C They loved it from the start..