

TED TALKS

WHAT WOULD HAPPEN IF YOU DIDN'T SLEEP?

https://www.ted.com/talks/claudia_aguirre_what_would_happen_if_you_didn_t_sleep#t-96399

Answer the following questions:

1. How long was Randy without sleeping?
2. Can you list the effects it had on him?
3. How long do adults need to sleep?
4. When we lose sleep, what happens?
5. How long do teenagers need to sleep?
6. What happened in 2014?
7. What is Fatal Familial Insomnia?