

# HELLO Canada



Canada is a country of \_\_\_\_\_ (NORM) distances and stretches across six time zones. It occupies an area of almost 10 mln km<sup>2</sup>, making it the largest country \_\_\_\_\_ the Western Hemisphere. Canada is \_\_\_\_\_ (SLIGHT) larger than the US, but 18 times the size of France. The \_\_\_\_\_ (NATION) motto "From Sea to Sea" reflects the size of the nation, as the country quite literally stretches \_\_\_\_\_ the Pacific Ocean on its western coast \_\_\_\_\_ the Atlantic Ocean in its east. Some people have even suggested adding a third "to Sea" \_\_\_\_\_ the phrases to show that the country touches the Arctic Ocean \_\_\_\_\_ the north as well. Of all its provinces and territories, only two are landlocked while the others \_\_\_\_\_ (DIRECT) border one of the oceans. In fact, Canada has the longest coastline - 243.042 km. \_\_\_\_\_ a pace of about 20 km a day, it would take a person 33 years to walk its shorelines.

Canada borders Alaska \_\_\_\_\_ the west and shares nearly 9.000 km of land border \_\_\_\_\_ twelve states of the \_\_\_\_\_ (CONTINENT) US \_\_\_\_\_ the south. That's the longest binational border in the world! It also has maritime borders \_\_\_\_\_ Greenland and some islands belonging \_\_\_\_\_ France.

Canada's diverse landscape features majestic western mountains, rolling central plains, forested eastern valleys, and more than 2 million lakes. Would you believe it has just under 1 mln km<sup>2</sup> of fresh water? That's why \_\_\_\_\_ total area, Canada is the second largest country in the world (after Russia) but \_\_\_\_\_ land area alone it ranks fourth.

The country is divided \_\_\_\_\_ several \_\_\_\_\_ (GEOGRAPHY) regions. The largest one is the Canadian Shield, a hilly region of lakes and swamps, which covers half the country. It is known \_\_\_\_\_ its vast mineral resources and is also called the country's mineral house. 12 percent of the land area of Canada is covered \_\_\_\_\_ forests. In a recent World Health \_\_\_\_\_ (ORGANIZE) study, the country ranked third among the countries with the cleanest air \_\_\_\_\_ the planet. The south-eastern region of Canada is dominated by lowlands. Western Canada has a lot of volcanoes and is part of the Pacific Ring of Fire. The country's Far North lies above the Arctic Circle and is synonymous with ice, snow and glaciers. It is also known \_\_\_\_\_ the land of the midnight sun and \_\_\_\_\_ (NORTH) Lights.