Using Empathy

Empathy means putting yourself in someone else's shoes to help you figure out how they might be feeling. This will help you know how to respond to them.
Read the examples below and use empathy to determine how to respond to each person.

1. Someone called Kylie a bad name.
How do you think she is feeling?
_____
What do you think you could say or do to make her feel better?
_____
_____

2. forgot to study for the big test.
How do you think he is feeling?
_____
What do you think you could say or do to make him feel better?
_____
_____

3. Phillip has to give a speech in front of the whole school.
How do you think he is feeling?
_____
What do you think you could say or do to make him feel better?
_____
_____

4. Peter recently lost his favorite toy car.
How do you think he is feeling?
_____
What do you think you could say or do to make him feel better?
_____
_____

5. Annabel has nothing to eat at recess.
How do you think she is feeling?
_____
What do you think you could say or do to make her feel better?
_____
_____