

# HOW TO MAKE SMOOTHIES

Number these steps according to the video!



- ☐ Lastly, your smoothies is ready to drink.  
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- ☐ Add the strawberries, avocado and banana.  
Make sure you cut the banana first.  
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- ☐ Press ON button on the blender and wait until  
it all blends smoothly.  
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- ☐ Turn OFF the blender, then pour the  
smoothies into the glass.  
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- ☐ After that, blend it all by adding a little  
water.  
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- ☐ First, put the soya milk into the blender.  
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