

### Exercise 3

*It's useful to plan your answer before you start writing. Look at the essay question.*

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*Some people think that competitive sports have a positive effect on the education of teenagers while others argue that the effect is negative.*

*Discuss both these views and give your opinion.*

*Write at least 250 words.*

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In this essay, you have to write about the advantages and disadvantages of competitive sports for teenagers.

Put the advantages and disadvantages in the correct columns.

waste of study time	some people cannot perform as well as others
sports help teenagers learn team-building skills	improve their physical well-being
can build confidence	reduce stress
can help teenagers to focus more	pressure makes sport less fun
	some people don't like sports
	may cause serious issues with confidence

Advantages	Disadvantages

