

A. PHONETICS

I. Write the words in the correct column according to the pronunciation of the underlined part.

here there idea where aerobics near share beer care air stair
 sphere hear career square really cheer spare bear fare their

/eə/ _____

/ɪə/ _____

II. Choose the word that has the underlined part pronounced differently from the rest.

1. a. fer b. ner c. really d. wer
2. a. ther b. hair c. series d. ther
3. a. spar b. play c. gam d. table
4. a. keep b. cher c. meet d. week
5. a. spher b. series c. her d. wher

B. VOCABULARY AND GRAMMAR

I. Name these sports and games.

boxing marathon karate volleyball aerobics
 tennis cycling table tennis skiing skateboarding



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____

II. Use the sports or games in the list to fill in the boxes.

badminton karate football cycling yoga swimming boxing tennis
 aerobics skateboarding basketball hiking judo skiing
 soccer gymnastics jogging golf

PLAY	GO	DO
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

III. Complete the sentences with the correct words in the box.

goggles racket skateboard skis ring paddle runningshoes gloves

- All we need to run is good _____.
- They fight in a square area with ropes around it, called a boxing _____.
- _____ are special glasses that fit closely to the face to protect the eyes from wind, dust, water, etc.
- In boxing, the fighters wear large leather boxing _____ on their hands.
- Shall we play table tennis? - Great! Can you lend me a _____?
- He threw his tennis _____ across the court in anger.
- When we put _____ on we can move over snow easily.
- He sometimes rides his _____ to school.

IV. Underline the correct answers.

You want to do sport, but you don't know which sport to choose. (1) *Gymnastics/ Surfing/ Skiing* is fun, but it's expensive and you can only do it in winter. Cycling is good exercise, but you must buy a (2) *racket/ bicycle/ net* and a (3) *helmet/ swimming cap/ skateboard*. How about (4) *bowling/ running/ scuba diving*? It doesn't cost any money and you can do it any time and any place. You only need some good trainers, some comfortable clothes - and the Runkeeper smartphone app. With this app you can see your distance and your speed. Do you prefer to exercise at a sports club? You don't need an expensive personal trainer. You can use Runkeeper while you are (5) *cycling/ surfing/ weightlifting* on an exercise bike or while you are jumping and kicking in a (6) *karate/ volleyball/ basketball* lesson. You can't lose with this incredible app!

V. Fill in each blank with the simple past tense of the verb from the box.

play go do buy teach lose score win become enjoy

- My friends and I _____ swimming yesterday morning.
- We really _____ the game last Sunday.
- In 1958, at the age of 17, Pelé _____ his first World Cup.
- The Canadian hockey team _____ six goals against Switzerland.
- The home team _____ very well, but they lost the match.
- My father _____ me how to ride a bike.
- I _____ a new baseball cap last week.
- At the age of 17, Messi _____ the youngest official player and goal scorer in the Spanish La Liga.
- She has a black belt in karate. She first _____ karate when she was seven.
- Argentina _____ 1 - 0 to Germany in the final.

VI. Turn the sentences into negative and interrogative forms.

1. They were in Rio last summer.

2. We did our exercise this morning.

3. My parents came to visit me last July.

4. The hotel was very expensive.

5. I had a bicycle when I was young

6. The children went to the zoo yesterday.

7. Ernie ate the last doughnut.

8. They bought a new house last month.

VII. Fill in the sentences with the correct form (past simple) of the verbs in brackets.

1. I _____ (see) the film last night but I _____ (not like) it.
2. _____ (Marco/ win) the golf competition?
3. They _____ (not play) very well yesterday. They _____ (lose) the match.
4. How many goals _____ (your team/ score) in the first half?
5. I _____ (be) very tired, so I _____ (go) to bed early last night.
6. _____ (you/ go) swimming this morning?
7. The children _____, (not be) hungry, so they _____ (not eat) anything.
8. Susan and her friends _____ (come) to Japan three months ago.
9. I _____ (have) a wonderful holiday with my family last July.
10. Jane _____ (not be) at the party last Sunday, so she _____ (not know) what happened.

VIII. Complete the dialogue using the affirmative, negative and question past simple forms of the verbs in brackets.

A: I'm doing a survey about video games. Do you play them?

B: Yeah, I play them. Go on then.

A: (1) _____ (you/ spend) any time playing video games last week?

- B: Yeah, I did. I (2) _____ (get) a new game last Saturday. It's called *Need for Speed Underground*.
- A: Oh yes, I know it. Is it good?
- B: Yes, it's great.
- A: (3) _____ (you/ buy) it?
- B: No, I (4) _____ (download) it from the Internet.
- A: (5) _____ (you/ play) with it yesterday?
- B: No, not yesterday. I (6) _____ (have) football training.
- A: Okay, so (7) _____ (you/ have) time for your homework?
- B: Yeah, we (8) _____ (not have) much. I (9) _____ (finish) it on the bus on the way home.
- A: Do you think playing games affects your school work?
- B: No, I don't think so.

IX. Match each imperative with the rest of the sentence.

- | | |
|------------------------|---------------------------------------|
| 1. Do | a. _____ I hear you quite well. |
| 2. Don't watch | b. _____ when you leave the room. |
| 3. Play | c. _____ morning exercises regularly. |
| 4. Don't shout! | d. _____ the street on the red light! |
| 5. Go | e. _____ too much TV. |
| 6. Don't eat | f. _____ hiking at weekends. |
| 7. Turn off the lights | g. _____ basketball with friends. |
| 8. Don't cross | h. _____ too much fat and sugar. |

X. Complete these sentences using an imperative form (positive or negative) of the verbs in the box.

dress get not call be not exercise not interrupt save not worry

- _____ me between two and five this afternoon. I'll be in a meeting.
- Always _____ your documents as soon as you finish writing them.
- _____ after you eat a big meal. It's not a good idea.
- _____ me when I am speaking.
- _____ warmly so you don't get cold outside. It's snowing!
- _____ careful! You almost spilled your coffee.
- _____ – we've got lots of time. The meeting doesn't start until 10.30.
- We need something to wake us up! _____ a coffee.

XI. Fill in each sentence with an appropriate preposition.

- Do you play sports _____ school?
- We go swimming _____ Tuesdays and Saturdays.
- Sports is good _____ your health.
- Jimmy is very good _____ volleyball and basketball.
- My karate club is _____ Nguyen Trai Street.
- What sports do you play _____ your free time?

7. Pelé was born _____ October 21st, 1940.

8. _____ 1958, _____ the age of 17, Pelé won his first World Cup.

C. SPEAKING

I. Write the questions for the underlined parts.

Mai: (1) _____, Phong?

Phong: Last night I watched a basketball match on TV.

Mai: (2) _____

Phong: It was on The Thao HD Channel.

Mai: Well...I don't like sports, so I don't know this channel. (3) _____

Phong: I like basketball best. I really love playing and watching basketball.

Mai: (4) _____

Phong: I play basketball every weekend.

Mai: You are really fit! (5) _____

Phong: I often play it at the basketball court near my house.

Mai: (6) _____

Phong: My favourite basketball player is LeBron James.

Mai: (7) _____

Phong: Yes, I did. Last Sunday, our school's team played against another school and we won.

Mai: Congratulations!

Phong: Thanks a lot.

II. Rearrange the sentences to make a conversation.

_____ I'm not sure. I used to play tennis when I was a school.

_____ Do you like cycling?

_____ That would be fun if we could do the sport with lots of other people.

_____ I've never played tennis. What about going running?

__1__ I need to get fit and lose some weight.

_____ Yes sure. What sort of sport do you want to do to get exercise?

_____ I have a friend who goes cycling every weekend. We could join his cycling club to meet other people interested in it.

_____ Yes, we could go to the running track or just use the pavement next to the road.

_____ Yes, it's good and faster than running.

_____ That's a good idea. Can I join you?

D. READING

I. Complete the passage with the words from the box.



score	without	sport	each	play
game	positions	boring		

Basketball is a pretty cheap (1) _____ to play in terms of equipment. So long as you have shoes and clothes and a ball, you can play. You can play with 1 hoop or 2, but it is way more fun to have a full court to (2) _____ on and several friends to do it with. Of course, you can

have knee braces, expensive shoes, and some fancy jerseys if you want, but you can play (3)_____ them if you want.

Basketball is a (4)_____ of 5-on-5. There are 5 different (5)_____: point guard, shooting guard, center, small forward, and power forward. Unlike some other sports, all players can (6)_____ points, and there is NO goalkeeper. There isn't a (7)_____ position to play!

Basketball has 4 quarters. For pro games, quarters are 15 minutes. Teams switch directions of play after (8)_____ quarter.

II. Read the dialogue, then choose the correct answers.

Marie: We might go to the football match next Saturday, Cristina.

Cristina: Football? You must be joking. I can't stand it.

Mark: No? Why not?

Cristina: Twenty two men of two teams run after a ball, trying to kick it into a net... and thousands of people shouting and screaming like madmen every time it's a goal or not. Is this a game?

Mark: I see... you prefer things like hopscotch, hide-and-seek, blind man's buff...

Cristina: Don't tease me, Mark. I'm not a child anymore and there are much better sports than football.

Mark: Really?

Cristina: Yes, take volleyball, for example. It's so exciting, the two teams try to keep the ball in motion without letting it touch the ground. No foul play, no violence.

Mark: Yes, maybe you're right I like volleyball too. For me all ball games are great!

Cristina: Not only ball games, Mark. Don't you like badminton, cards, chess, even darts...and things like that?

Mark: Er...of course I do.

1. What are Cristina and Mark talking about?
 - a. Football
 - b. Volleyball
 - c. Ball games
 - d. Games
2. How many football players are there in each team?
 - a. 11
 - b. 12
 - c. 20
 - d. 22
3. Why does Mark mention children's games like hopscotch?
 - a. Because Cristina likes these games.
 - b. Because Cristina is a child.
 - c. Because he wants to tease Cristina.
 - d. Because he wants Cristina to play these games.
4. What kind of sports and games does Cristina NOT refer?
 - a. Chess
 - b. Baseball
 - c. Badminton
 - d. Darts
5. Cristina thinks football is an exciting game.
 - a. True
 - b. False
 - c. No information
6. Mark likes all ball games.
 - a. True
 - b. False
 - c. No information

E. WRITING

I. Put the words or phrases in the correct order.

1. our/ important/ an/ sports and games/ in/ play/ lives/ part.

2. players/ how/ match/ there/ in/ many/ are/ football/ a?

3. by/ she/ to keep/ every day/ tries/ fit/ jogging.

4. yesterday/ who/ play/ football/ you/ did/ with?

5. sports/ building/ physical strength/ necessary/ are/ for.

6. to switch/ before/ go/ don't/ the TV/ off/ you/ forget/ to bed.

7. Sunday/ I/ usually/ friends/ swimming/ on/ go/ mornings/ with/ my

8. match/ you/ on/ the/ did/ television/ last night/ watch/ basketball/ the?

II. Complete the second sentence so that it has a similar meaning to the first one.

1. What sport do you like best?

What is _____

2. Mark plays football better than Tim.

Tim doesn't _____

3. Beckham was a very good football player.

Beckham played _____

4. How long have you played basketball?

When _____

5. Shall we play badminton this weekend?

How about _____

6. No sport in Britain is as popular as football.

Football _____

7. My brother is not so interested in basketball as I am.

I _____

8. It's good for you to do morning exercise regularly.

You _____

TEST FOR UNIT 8

I. Choose the word whose underlined part is pronounced differently from the others.

1. a. free

b. team

c. read

d. idea

2. a. swimming

b. skipping

c. driving

d. fishing

3. a. racket

b. skateboard

c. games

d. player

4. a. thing

b. father

c. healthy

d. three

5. a. rackets

b. goggles

c. skis

d. skateboards

II. Write the name of the game or sport.

1. bike, helmet, ride, race
2. ball, goal, kick, penalty
3. ring, gloves, punch, mouth guard
4. racket, net, shuttlecock, serve
5. goggles, snow, skis, poles
6. court, racket, rubber ball, net, set
7. ball, table, paddle, serve
8. basket, ball, court, throw, points

III. Circle the odd one out.

- | | | | |
|-------------|---------|------------|-------------|
| 1. football | tennis | volleyball | boxing |
| 2. goggles | courts | skis | skateboards |
| 3. paddle | ball | bat | racket |
| 4. referee | player | coach | stadium |
| 5. career | healthy | sporty | fit |

IV. Choose the best answer a, b, c or d to complete the sentence.

1. My friend Mark is very good _____ volleyball. He plays volleyball very well.
a. in b. on c. at d. with
2. We often go swimming _____ Sunday morning.
a. in b. on c. at d. for
3. Football is an example of a _____ sport where you play with several other people.
a. team b. individual c. indoor d. dangerous
4. We were very upset when our favourite team didn't _____ even one goal.
a. play b. kick c. point d. score
5. Badminton requires only a net, a racket, and a birdie or _____.
a. ball b. ski c. shuttlecock d. goggles
6. The person who makes sure that a game is played according to the rules is called a _____.
a. coach b. referee c. judge d. player
7. _____ up the tree! You'll fall down.
a. Climb b. Climbing c. Not to climb d. Don't climb
8. _____ spectator sports in Britain are cricket and football.
a. More popular b. The more popular c. Most popular d. The most popular
9. _____ are the Olympic Games held? - Every four years.
a. When b. Where c. How long d. How often
10. Which sport happens in a ring?
a. Boxing b. Basketball c. Aerobics d. Swimming

V. Complete the sentences with the correct tense of the verbs *play, do or go*.

1. Sarah _____ gymnastics on Saturday evenings.
2. Mark _____ badminton with his friends at the moment.
3. My friends and I _____ climbing yesterday.

4. _____ you _____ table tennis last Sunday?
5. Jim _____ basketball because he wasn't tall enough.
6. We _____ sports together when we were kids.
7. People often _____ jogging in the park.
8. I _____ judo now and I love it!

VI. Complete the sentences with the correct form of the word in brackets.

1. He gets a lot of _____ from football. (enjoy)
2. Playing sports is a fantastic way to improve your _____. (fit)
3. My brother is not very _____. He doesn't like playing or watching sports. (sport)
4. Nearly half of the people in the world are _____ in football. (interest)
5. Pelé is _____ regarded as the best football player of all time. (wide)
6. Cristiano Ronaldo is a Portuguese professional _____. (football)
7. Pelé is a _____ hero in Brazil. (nation)
8. Winning three gold medals is great _____. (achieve)

VII. Circle and correct the mistakes in these sentences.

1. The children feeled excited before their holiday. _____
2. Do you play yoga at home or in a club? _____
3. Where was you last weekend? - I was at home. _____
4. The car stoped at the traffic lights. _____
5. Paul is very tired because he didn't slept well last night. _____
6. Do you take part in the marathon last Sunday? _____
7. Go straight ahead and then to take the first turning. _____
8. When did you buy this house? - We buy it three years ago. _____

VIII. Match the questions to the answers.

- | | |
|--|--|
| 1. Do you like to watch sports on TV? | a. Volleyball, I think. |
| 2. What sports are you best at? | b. Three or four times. |
| 3. How much exercise do you get each week? | c. Because it can help them be healthy. |
| 4. Did you do any exercise or play any sports yesterday? | d. Yes, I like watching sports more than playing them. |
| 5. Do you prefer team sports or individual sports? | e. I don't like either of them. I'm not a sporty person. |
| 6. What is the most popular sport in the world? | f. Football or soccer. |
| 7. Which is better, basketball or volleyball? | g. Swimming and Taekwondo. |
| 8. Why should people exercise? | h. Yes, I played tennis with friends. |

IX. Choose the correct answers to complete the passage.

Physical activity is the (1)_____ obvious benefit of sports participation. Children often spend too much time watching television or (2)_____ video games. But sports practices and games provide an opportunity for exercise that can help keep kids in shape and (3)_____.

Sports participation can help children develop social skills that will benefit them(4)_____.