



## Instructions:

- 1 Wash the blueberries and the raspberries.
- 2 Put the blueberries and the raspberries in the blender.
- 3 Put the banana in the blender.
- 4 Put the milk and yoghurt in the blender.
- 5 Blend the fruit, milk and yoghurt.
- 6 Pour the smoothie into glasses and decorate with blueberries.

### CHOOSE THE INSTRUCTION NUMBER

