

### Exercise 5

*Complete the conversation. Use the words in the box.*

|           |      |           |      |       |         |        |
|-----------|------|-----------|------|-------|---------|--------|
| active    | busy | exhausted | free | relax | running | social |
| stressful |      |           |      |       |         |        |

**A:** Do you get a lot of \_\_\_\_\_ time?

**B:** Not really. I spend most of my time at work. I've got quite a \_\_\_\_\_ job.

**A:** So what do you do to \_\_\_\_\_ after a day at work?

**B:** I usually like to sit and watch TV. I'm always too \_\_\_\_\_ to do anything else.

**A:** Maybe you should take up a sport or a hobby. Then you might have a bit more energy. For example, I go \_\_\_\_\_ twice a week, and now I feel great.

**B:** I know what you mean, but I'm too \_\_\_\_\_ to find the time.

**A:** Well, that's what I thought. But I prefer to be \_\_\_\_\_. It's good to spend time on something I actually enjoy. It's even been good for my \_\_\_\_\_ life. I've met some really great people since I started.

**B:** Really? OK, you've convinced me. How do I sign up?