

Exercise 5

Complete the conversation. Use the words in the box.

active	busy	exhausted	free	relax	running	social
stressful						

A: Do you get a lot of _____ time?

B: Not really. I spend most of my time at work. I've got quite a _____ job.

A: So what do you do to _____ after a day at work?

B: I usually like to sit and watch TV. I'm always too _____ to do anything else.

A: Maybe you should take up a sport or a hobby. Then you might have a bit more energy. For example, I go _____ twice a week, and now I feel great.

B: I know what you mean, but I'm too _____ to find the time.

A: Well, that's what I thought. But I prefer to be _____. It's good to spend time on something I actually enjoy. It's even been good for my _____ life. I've met some really great people since I started.

B: Really? OK, you've convinced me. How do I sign up?