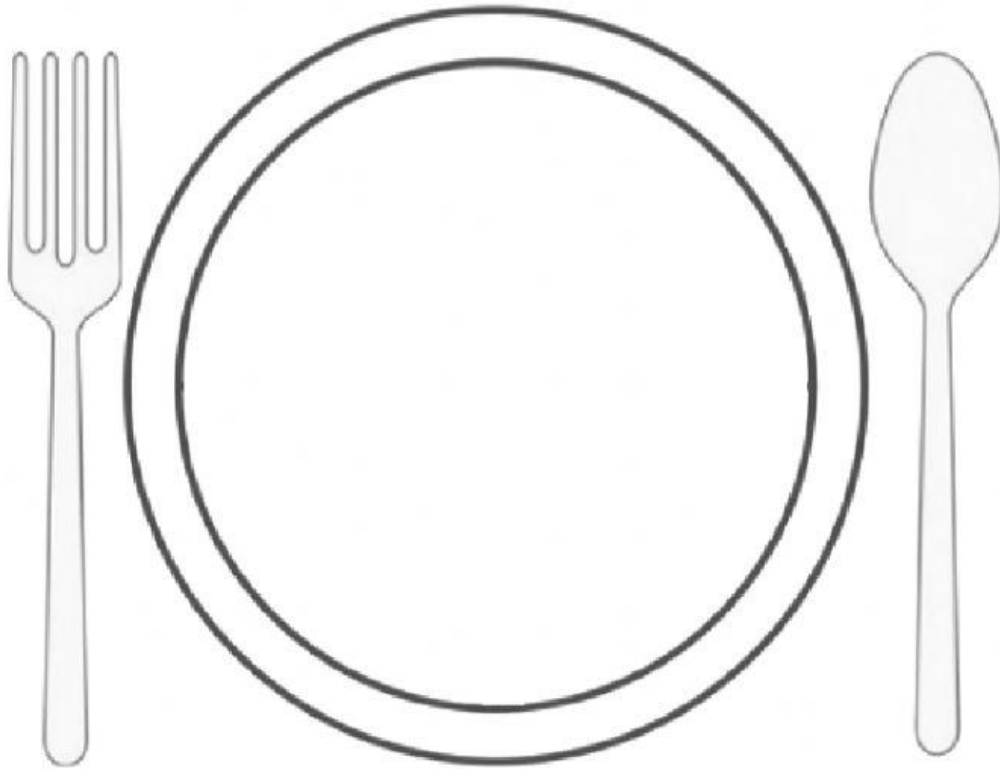


Your name: _____

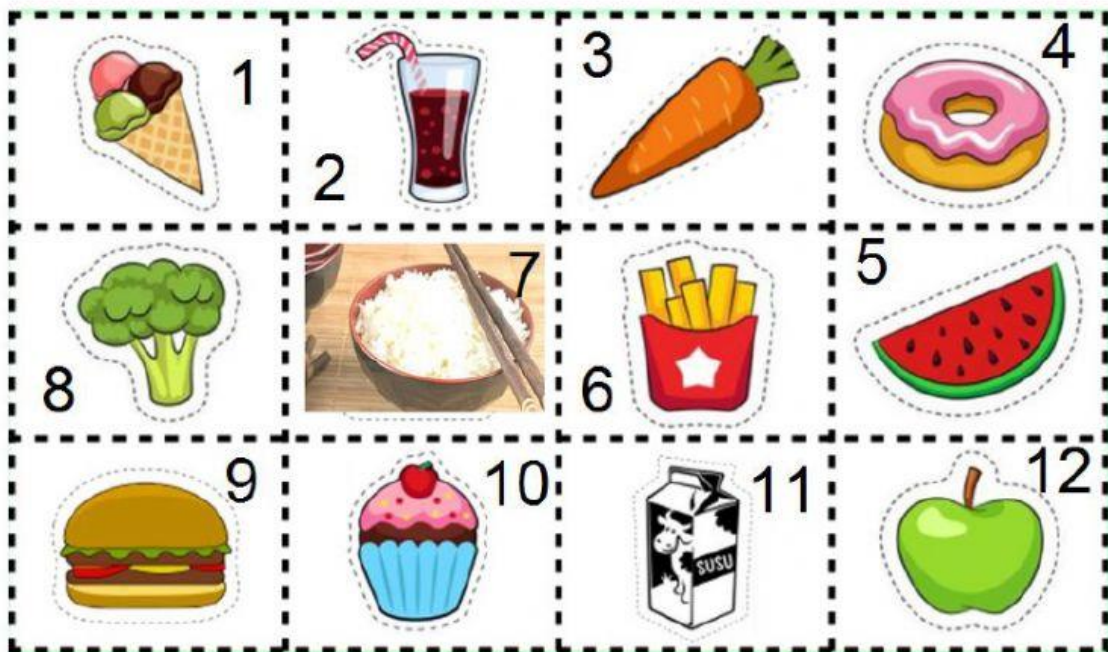
LESSON 14. I EAT HEALTHY FOOD



1. WHAT DO YOU PREFER?



2. CROSS OUT THE UNHEALTHY FOOD



3. THE WORDSEARCH

Healthy Eating



U M O X Y H T L A E H P W N S W I
K C C W Q W E K Z J U C S Z T S Q
M I N E R A L S E E G S Q N A V B
J R I J Q J C B W Q S Z Y P F P P
W R E V Y T S N E H S X L L F F S
I K T S E V U U V N C L A A F U K
D L O E S I M J I U N S M N T Y F
T U R S T D L M T F R U I T W O G
H M P M E V A N F E K B N I E U H
S E L B A T E G E V I M A E N T N
M K B U I L F R H A Y D E T W O N
I W B V O M Q T B P J G P A F K Z
E Z S N I A R G X I E V R S T U N
L Z M R T T U P G Z F X S E E D S
Y A D Y T S E G I D J H R H N K X
L O Z F O O D E I D I Z W V Z E H
N A H P Z V E C N A L A B I O C Z

healthy

energy

fruit

meat

seeds

diet

animal

vegetables

balance

grains

fats

protein

minerals

nuts

fibre

plant

digest

vitamins

food

muscle

4. SELECT THE HEALTHY FOODS

