

Unit 3 A HEALTHY LIFE

Vocabulary V+N collocations

1 Use the words below to complete these extracts. The same word is missing twice from each one. You may need to change its form.

challenge gauge outline overlook promote yield

1 Many nutritionists are challenging the assumption made by some that red meat is bad for you. In fact, they say, it has many positive health benefits. Naturally, those who say we should stop eating altogether do not like to be _____ this way, and are preparing a robust response.

2 It has long been known that taking regular exercise is an excellent way of _____ a sense of well-being and all-round good health. Conversely, leading a sedentary lifestyle has the opposite effect. A new government advertisement is helping to _____ awareness of the dangers of this.

3 A survey was conducted to _____ people's attitudes to the government's proposed Medical Insurance bill. Most agreed that it will be difficult to _____ the effectiveness of the bill until it has been put into practice.

4 The team _____ one or two major points during the course of its research into the effects of the new drug. They didn't consider, for example, if there would be side effects if taken with another drug. However, nobody could _____ the fact that some of their findings would have important medical implications.

5 Recent research into the possible anti-cancer benefits of aspirin has only just begun to _____. However, pharmaceutical companies who are investing heavily in the research programme are confident that their investment will _____ excellent returns in the long run.

6 During the interview, the Health Secretary _____ her strategy for improving the National Health Service. However, when the interviewer asked her to _____ some of the ways these improvements might be paid for, she seemed unable to answer.

Key vocabulary

2 Complete the passage by rearranging the letters in bold to make words and phrases. The first letter of each word is in its correct place.

Last year, I became ill. At first, the **1 stompysm** _____ were not especially severe. I had frequent but **2 stroh-ldeiv** _____ headaches, my **3jisnto** _____ ached and I felt tired a lot of the time. Soon, however, my **4 ctiondion** _____ worsened. The headaches became more severe and I could hardly stay awake during the day. I started missing school, and because of my frequent **5 antesmbseei** _____ I started to **6 flal bniehd** _____ with my schoolwork. Unfortunately, my doctor couldn't diagnose what was wrong with me, and the painkilling **7 mcioedanti** _____ that he **8 pscedreib** _____ failed to **9 reviele** _____. my aches and pains. Eventually he sent me to the hospital to **10 ugdnoer** _____ a series of tests. The doctors **11 evdatealu** _____ the results, and then told me what they had discovered. It turned out that I had developed an intolerance to dairy products like cheese, and that was making me ill! They said that there was no way they could **12 ceru** _____ this intolerance, so now I can't eat dairy produce. However, I now feel a lot better.