

Unit 4: A Universal Language?

Writing Lesson 2: Cyberbullying: How to ..

Pages: 98-100

Ex. 3 Read the paragraphs from the "How to" column about cyberbullying & match them with the following headings:

Cyberbullying

A

Cyberbullying is when one person, the bully, is treating another person very badly over the Internet. This may happen through emails, instant messaging, text messages, blogs, or social media sites.

B

Unfortunately, as more young people have access to the Internet through phones and tablets, this bad behavior is on the rise. Recent research has indicated that a substantial number of users have been victims of cyberbullying. Are you one of them?

C

Cyberbullying can take many forms. A bully who is simply rude might just not be aware of web etiquette. They might not mean to say mean things. The best way to react to rude comments is just to ignore them. Try not to let small comments turn into big fights. Even more serious are the bullies who "hack," or access, their victims' social media accounts to make their victims look bad. Other bullies might post pictures or videos without asking.

D

You can fight cyberbullying in several ways. The first step is to protect yourself and your privacy. Passwords must be kept secret. No one but you should have access to your accounts. If you use a public computer, make sure to log out when you have finished. Avoid sharing private pictures on social media sites. Remember, anything you share with anyone is out there forever. Also, check your privacy settings to make sure you know who can see the things you post.

E

If someone is already bullying you, there are a lot of things you can do. If the bully is using a social media site, contact the relevant company and report abuse - bad behavior. Many websites will remove or block material that is reported. Tell someone you trust what's going on. Keep the bully's messages or take screen shots to use as evidence, especially if you decide to take legal action.

F

If you know people who are being bullied, help them fight it. Sometimes, a few kind words can go a long way.