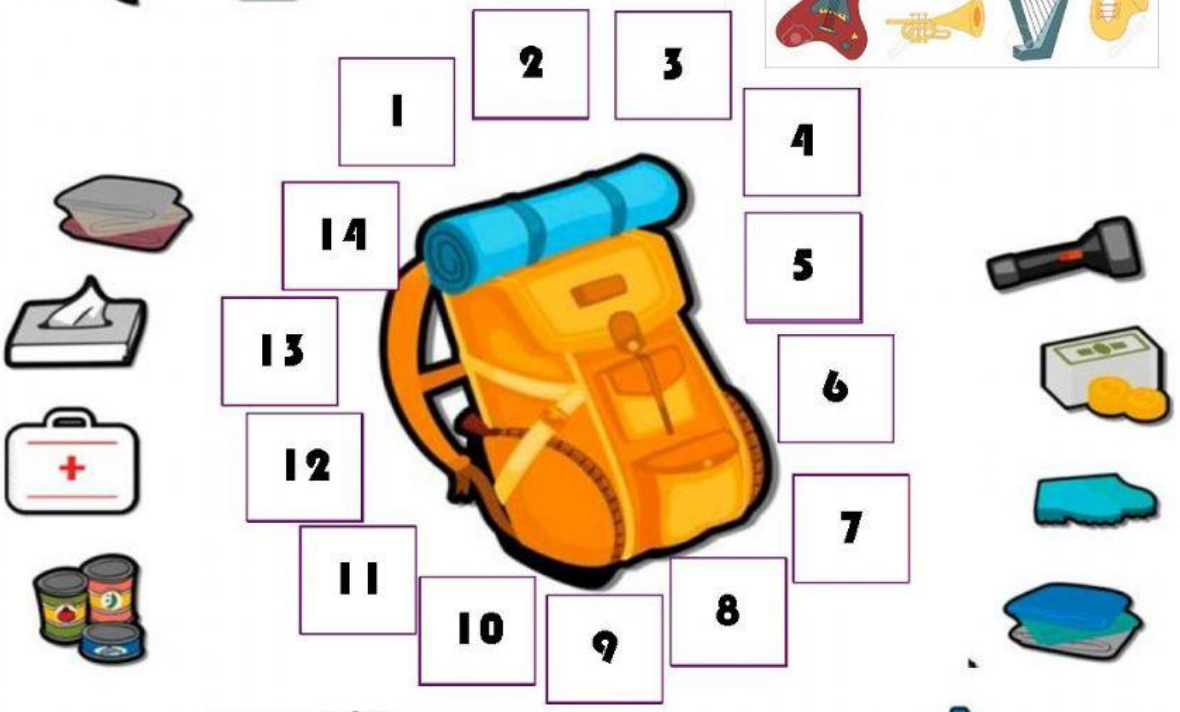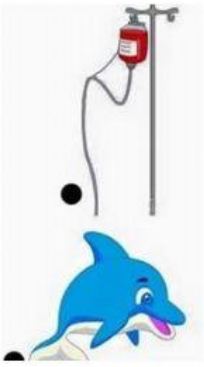¿Qué necesita tu mochila de emergencia?