1b READING **Read the article quickly. Does it mention any of your ideas in 1a? What is the main topic?**

TV NEWS • COMING SOON
WHAT TO WATCH NEXT MONTH



Bear Grylls loves to be out in the wild

WILD BEAR

PREPARES TO ATTACK AGAIN!

Bear Grylls never stops. Last year, he wrote another book, *A Survival Guide for Life*. He also started his very own Bear Grylls Survival Academy. And soon he's going to be back on TV with a new series, *Get Out Alive with Bear Grylls*.

Bear's new series is going to be quite different from his others. For a start, he isn't going to be alone in the wild. In fact, he's going to take 20 people to New Zealand's South Island. These people are going to compete in pairs and the winning pair is going to win a prize of $500,000! The contestants are going to have to make fires and a shelter, go through obstacles, keep safe and dry at night, and, of course, find food. That isn't going to be easy. People who watch Bear in action know that in the wild he has to eat some very unusual things to survive – snakes, scorpions and insects of all types.

Bear chose New Zealand's South Island because of its forests, mountains and rivers. The weather can be quite stormy and extreme, too. So, all in all, for the contestants it's going to be a difficult test, both physically and emotionally.

And Bear? Is he going to watch them from a comfortable TV studio? No way! He's going to travel with them and show them how to survive in extreme conditions. And he's also going to be the one who decides which pair should win the prize. He wants to see teamwork and determination. Above all, he wants to see how ordinary people can become heroes.

So, what does Bear do when he isn't making TV shows in the wild? Well, he loves spending time with his wife and three sons. He also runs and does yoga – he does exercise for about 60 minutes a day, six days a week. Doing yoga helps his back – he broke it in three places when he jumped from a plane and his parachute didn't work. And what about cooking? Because Bear is famous for eating wild animals and insects, his friends don't go to his house for dinner when they know that he's cooking!

Read the article again and choose the best answers.

1 Bear's new series is different because …
   - **a** it isn't about survival.
   - **b** he teaches people about survival in his new school.
   - **c** he isn't the only person in it.

2 The winners of the series …
   - **a** get $500,000 each.
   - **b** need to do a variety of things to win.
   - **c** need to eat snakes and scorpions to win.

3 New Zealand is perfect for the series because …
   - **a** it has beautiful geographic features.
   - **b** the weather there is usually extremely good.
   - **c** it isn't easy to survive there.

4 The idea of the programme is to show that …
   - **a** we can all become heroes.
   - **b** we are all heroes.
   - **c** being a hero is nothing special.

5 At home, Bear …
   - **a** does yoga with his family.
   - **b** does about six hours of exercise a week.
   - **c** doesn't rest.

6 Bear's friends …
   - **a** never receive invitations to eat at Bear's home.
   - **b** are worried that Bear will prepare unusual food.
   - **c** know that Bear never cooks at home.

CRITICAL THINKING

Think! Then compare ideas with your class.

- Can you think of somebody who you think is a real-life hero? In your opinion, what makes a hero?

What do the underlined words in the text mean? Guess and then check in your dictionary.

LIVEWORKSHEETS