Text 1

Actress Jenny Agutter talks about her Sundays on both sides of the Atlantic.

"Whether I`m at home in Los Angeles or staying in England Sunday is a day to relax, and so there are no alarms set. In California breakfast is fruit and yoghurt followed by pancakes and lots of coffee. Most of the morning is spent reading the newspaper, eating pancakes and pottering around the house doing things like gardening or tidying up. However, I don`t iron on Sunday.

In the afternoon I go out on my bike – maybe to the beach, where there are lots of people around, and it`s very lively. Otherwise I drive into the hills near Hollywood and walk in the forests. This is really wonderful, because there are some beautiful waterfalls and it`s usually very quiet there.

Later in the afternoon I have friends round and we either have a barbecue or go out to a Chinese restaurant. In the evening I stay in and watch a late night movie or a video. I particularlylove old Cary Grant films.

When I`m staying in England I stay with my parents, who live in Brixton, or rent a place if I`m filming. Sunday is still a late morning. I may have a croissant and a cup of coffee for breakfast but I don`t eat much because I look forward to traditional English Sunday lunch. I don`t mind cooking, so I spend the morning doing that. I love roast lamb so I usually have that,followed by sherry trifle.

Lunch is a time for seeing family and friends, so it usually takes a long time – eating, drinking wine and relaxing. If I don`t cook it`s nice to go and have Sunday lunch at a country pub. I really miss pubs, and Guinness, when I`m in Los Angeles. I have always loved walking since I used to stroll along the canal in Regent`s Park in the afternoon. I always leave the newspapers until the evening when I`m over here, and I buy them all – from the gossipy ones to the serious ones, I probably have just a light meal in the evening and again spend the evening watching television rather than going out.

I`m so busy during the week that Sunday has become my most precious day. It is one of the few days that I get eight hours sleep, which sets me up for the next week."

Text 2

One evening late in 1941, Colonel Montgomery of Scotland Yard, found himself standing

Befor e the members of the London Mystery Club, a group that enjoyed discussing mystery

novels.

"Recently a stranger arrived in London from South America," the colonel said. "Our sources have informed us that this man is probably a Nazi agent. We believe that he is a courier of a great deal of wealth with which to finance espionage in Britain".

"A few hours after he stepped off the boat we arranged a car accident that sent him to hospital with a fractured arm. Our staff searched his clothes and luggage, which consisted of ony a briefcase with letters from his friends in British Guiana. We considered a number of possible ploys but discovered nothing and still don`t know how he might be concealing something else a hundred thousand pounds."

The members turned to one another and whispered for a few moments. Then the president turned and said, "Colonel, we think you have overlooked a rather obvious possibility: the letter from South America had rare stamps valuable thousands of pounds each."

LIVEWORKSHEETS

Text 3

Should children be allowed to surf the Internet without the supervision of their parents? In my opinion, children should always be supervised while surfing the Internet because it is important to make sure that they don't have access to certain material.

Firstly, there are too many sites that contain information and images that children should not see. There are many things that children do not understand and that could upset or confuse them. Furthermore, it can be very bad for children's eyes. Sitting in front of a computer for a long time isn't good for anyone, so parents should monitor the time that children spend on the Internet.

There are more important dangers though. I believe that it is dangerous to let children use chat rooms without supervision. Many people tell their children not to talk to strangers on the street and so in the same way they should be careful of who their children talk to on the Internet.

On the other hand, it can be said that the Internet is very educational and children should be allowed to surf as they wish. In this way they can come across a variety of sites on different subjects of interest.

In conclusion, I strongly believe that it is essential for parents to supervise their children while thay use the Internet so as to protect them from people and material that could be of harm to them.

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