

1 Fill in the missing words. Then do the quiz.

- obsessed • go on • remark • vanity • fit
- unrealistic • staring • put on • changes
- focus • join

Quiz

Are you **body confident**



- You've 1) several pounds and there is a big party in ten days.
 - a I'll 2) an extreme diet, 3) a gym, and lose the extra pounds or everyone will be 4) at the fat girl.
 - b It's unhealthy to lose a lot of weight in such a short period of time.
- You're watching a TV commercial with the Beckhams. You think ...
 - a I want to look like them, thinner and taller.
 - b Please! TV adverts are 5) ! They sell 6) !
- You overhear someone making a nasty 7) about your weight.
 - a They're right. I'm ugly and overweight.
 - b I don't pay attention to hurtful comments.

If you have more A's

You are 8) with your weight. Stop trying to change your body to 9) an unrealistic image. 10) on the things you like about yourself.

If you have more B's

You have a healthy body image. You like yourself and the way you look and that makes others like you too. You're aware that as you grow, your body 11) too. Well done.

2 Rewrite the following sentences into the *passive*.

- 1 John Napier designed the costumes for *Cats*.
.....
- 2 They serve dinner from 7:00 pm onwards.
.....
- 3 They have translated the book into 25 languages.
.....
- 4 The company will publish the new *Harry Potter* book next month.
.....
- 5 You can't use cameras in the museum.
.....
- 6 The Mayor will open the new gallery on Tuesday.
.....

3 Listen and circle. Mark the statements True, False or Not stated.

- 1 Checked shirts are not fashionable.
A True B False C Not stated
- 2 John thinks that dark colours suit him.
A True B False C Not stated
- 3 John wants a new jacket because his old one doesn't fit him anymore.
A True B False C Not stated
- 4 Maria likes the grey jacket because it's trendy.
A True B False C Not stated
- 5 Maria thinks the grey jacket matches John's shoes.
A True B False C Not stated
- 6 Maria thinks that John's jeans are far too casual for the occasion.
A True B False C Not stated
- 7 John has got good taste in clothes.
A True B False C Not stated