TASK 1. Listen to the recording. Fill in ONE missing word for EACH blank.

diet *eat in* *eat out* *habit* *prepare* *ready-made meal* *takeaway* *unhealthy*

1. the food and drink usually eaten or drunk by a person or group: _____
2. to have a meal at home rather than in a restaurant: _____
3. food that has already been prepared and can be eaten after it has been heated in an oven or microwave: _____
4. a meal cooked and bought at a shop or restaurant but eaten somewhere else, often at home: _____
5. a type of food or drink that isn't good for you: _____
6. to have a meal in a restaurant rather than at home: _____
7. to get something ready, for example to cut vegetables, before you cook: _____
8. something that you do often and regularly: _____

TASK 2. Read the information. Then choose the <u>one</u> word in each list that does not have the same meaning as the others.

<u>Example</u>

takeaway
fast-food
ready-made meal
unhealthy

1	○	fall	○	go down	○	decrease	○	rise
2	○	increase	○	drop	○	grow	○	go up
3	○	sugar	○	water v	○	fizzy drink	○	fruit juice
4	○	nowadays	○	at the present time	○	these days	○	previously
5	○	development	○	introduction	○	change	○	trend

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TASK 3. Watch and Match.

Sometimes people in Warsaw spoke to me in Polish,	●		●	or Arabic, which meant that we had to speak English.
My father gave me a camera for my birthday,	●		●	because the people were so friendly.
I loved the food in Germany,	●		●	so I saw the pyramids.
I didn't feel lonely in India	●		●	because they could not speak English.
We didn't speak Chinese	●		●	but I hated the weather.
When I was I New York I lost my wallet	●		●	and another thing was the wildlife.
I visited Egypt	●		●	so I had to cancel my credit card.
One thing I liked about Alaska was the scenery,	●		●	so I took a lot of photos on the holiday.

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