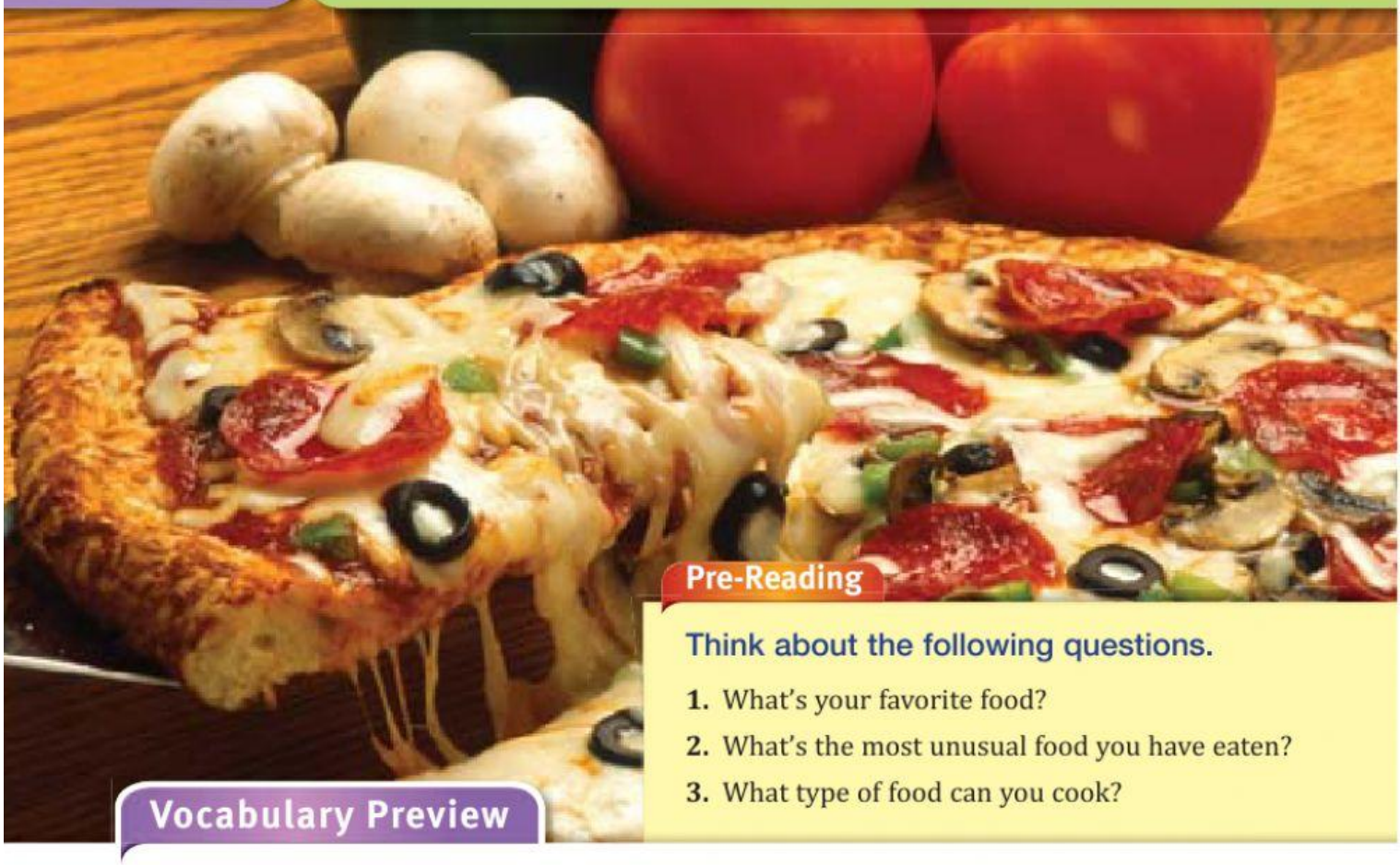
2 Food Firsts



Pre-Reading

Think about the following questions.

1. What's your favorite food?
2. What's the most unusual food you have eaten?
3. What type of food can you cook?

Vocabulary Preview

Write the letter of the word or phrase with the same meaning as the underlined word or phrase.

a. almost; close to	d. first showed or gave
b. as said by	e. have the flavor of
c. actually; really	f. make

1. ___ Chefs today <u>create</u> new dishes by putting together interesting foods.
2. ___ <u>In reality</u>, curry comes from England, not India.
3. ___ <u>According to</u> this book, people in England cooked curry dishes in the 1300s.
4. ___ People in Persia ate pizza <u>nearly</u> 1,000 years before people in Italy.
5. ___ Some kinds of curry <u>taste</u> hot, so some people don't like them.
6. ___ Sailors from Europe <u>introduced</u> new foods to Americans.

LIVEWORKSHEETS

Food Firsts



How much do you know about the history of some of your favorite foods? Do you know when people in England started cooking curry dishes? Do you know in which country pizzas or hamburgers were first made? The facts might surprise you.

Many people think the English found out about curry from people in India in the 1600s. In reality, **wealthy** English people were eating dishes made with curry **spices** hundreds of years before British ships traveled to India. Cooks of wealthy English families during the time of King Richard I were making curry dishes, and in fact, the word "curry" can be found in an English **language** cookbook as far back as 1377.

As for pizza, this **dish** was probably first made in Persia (what is now Iran). The Persians were eating round, flat bread with cheese in the 500s. That was nearly 1,000 years before pizza caught on in Naples, Italy!

Finally, let's look at the **truth** behind hamburgers. Many people think hamburgers are an American food. However, according to some stories, hamburgers came from Hamburg, Germany. A German named Otto Kuasw created the first hamburger in 1891. Four years later, German **sailors** introduced hamburgers to Americans.



Where foods come from isn't nearly as important as how they taste; as long as they are delicious! So, go get some of your favorite food and dig in.

Reading Time _____ minutes _____ seconds 230 words

6 *wealthy*: rich
7 *spice*: a thing used or added to make food taste good
9 *language*: way of speaking by a certain country or group of people
11 *dish*: food
14 *truth*: fact; reality
19 *sailor*: a person who works on ships

LIVEWORKSHEETS

Reading Comprehension

Choose the best answer.

1. What is the main idea of this reading?

a. Curry was created in England.
b. There are many foods that help your body.
c. People created fast food long ago.
d. Some facts about foods are surprising.

2. Which is probably true about British curry dishes in the 1400s?

a. The dishes did not have meat.
b. The spices cost a lot.
c. People ate curry on special days.
d. British sailors first made curry.

3. What did people in Naples learn from Persians?

a. How to make pizza
b. How to cook cheese
c. How to use spices from Iran
d. How to make flat bread

4. Who introduced hamburgers to America?

a. Persians
b. Otto Kuasw
c. Italians
d. German sailors

5. Which food was probably made first?

a. Hamburgers
b. Cheesy Persian bread
c. Italian pizza
d. English curry

Idiomatic Expressions

Find these idioms in the reading.

- **find out (about)** [to learn (of)]
  Hey, I just found out that class is cancelled tomorrow.
- **catch on** [to become popular]
  In the 1990s, cell phones really caught on.
- **dig in** [to begin eating with excitement]
  The child was very hungry, so he dug in before his parents sat down.

Fill in the blank with one of the above idioms. Change its form if necessary.

1. All of the food is ready. _____!

2. Did you _____ what time the movie starts?

3. These days, Latin dancing is _____.

LIVEWORKSHEETS

Summary

Scan the passage and complete the chart with the correct information.

1377 **created**	**1891** **introduced**	**500s** **wealthy**

Curry 	Pizza 	Hamburgers 
• Word already in the English language by 1 _____	• 3 _____ in Persia	• 5 _____ to Americans by German sailors
• Cooked for 2 _____ English families	• Was eaten in Persia in the 4 _____	• First made in Hamburg in 6 _____

Listening

The First Sandwich

Track 4 Listen to the dialog and complete each sentence.

1. Mike found Janet _____ the _____.
2. Lord Montagu was the _____ of _____.
3. The first sandwich was made with _____ and _____.

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Discussion

Discuss the following questions.

1. What are your favorite foods from other countries? Where are they from?
2. What are some traditional foods in your country?
3. Do you know any untrue stories about food that people believe? If so, what is the truth?

Grammar

Past Continuous

We use the past continuous in order to talk about past actions in progress.

Cooks of wealthy English families during the time of King Richard I (were making / were made) curry dishes.

The Persians (were eating / were eaten) round, flat bread with cheese in the 500s.

Writing

Write your own short paragraph by answering the questions below.

My Favorite Food

(1) What is your favorite food? **(2)** What is it made of? **(3)** Can you cook this food? **(4)** How often do you cook this food?

Example

My favorite food is spaghetti. It is made of noodles and tomato sauce. I can cook it easily. I cook spaghetti once a month.

LIVEWORKSHEETS

Vocabulary and Idiom Review

A. Choose the best word or phrase to fill in the blank.

1. The man owns three hotels. He is very _____.

a. comfortable b. tired c. unique d. wealthy

2. People think snakes are dangerous. _____, most snakes are not.

a. Unusually b. Finally c. First d. Surprisingly

3. He knows _____ all of his relatives' birthdays, except for his aunt and uncle's.

a. in reality b. before c. nearly d. behind

4. _____ my mother, washing clothes by hand is better than using a washing machine.

a. According to b. Before c. After d. In reality

5. This soup does not _____ right. Did you forget to put in onions?

a. cook b. make c. create d. taste

6. I do not have enough _____ to make this dish.

a. fur b. hamburgers c. stories d. spices

7. We _____ how the magician did the amazing trick.

a. created b. found out c. introduced d. thought

B. Choose the correct form of the word to fill in the blank.

8. I made this sculpture. It is my _____.

a. creation b. creates c. creative

9. How does it taste? Please tell me ____ if it is good or bad.

a. truth b. true c. truthfully

10. Let me ____ you to my cousin.

a. introduction b. introduce c. introduced

LIVEWORKSHEETS