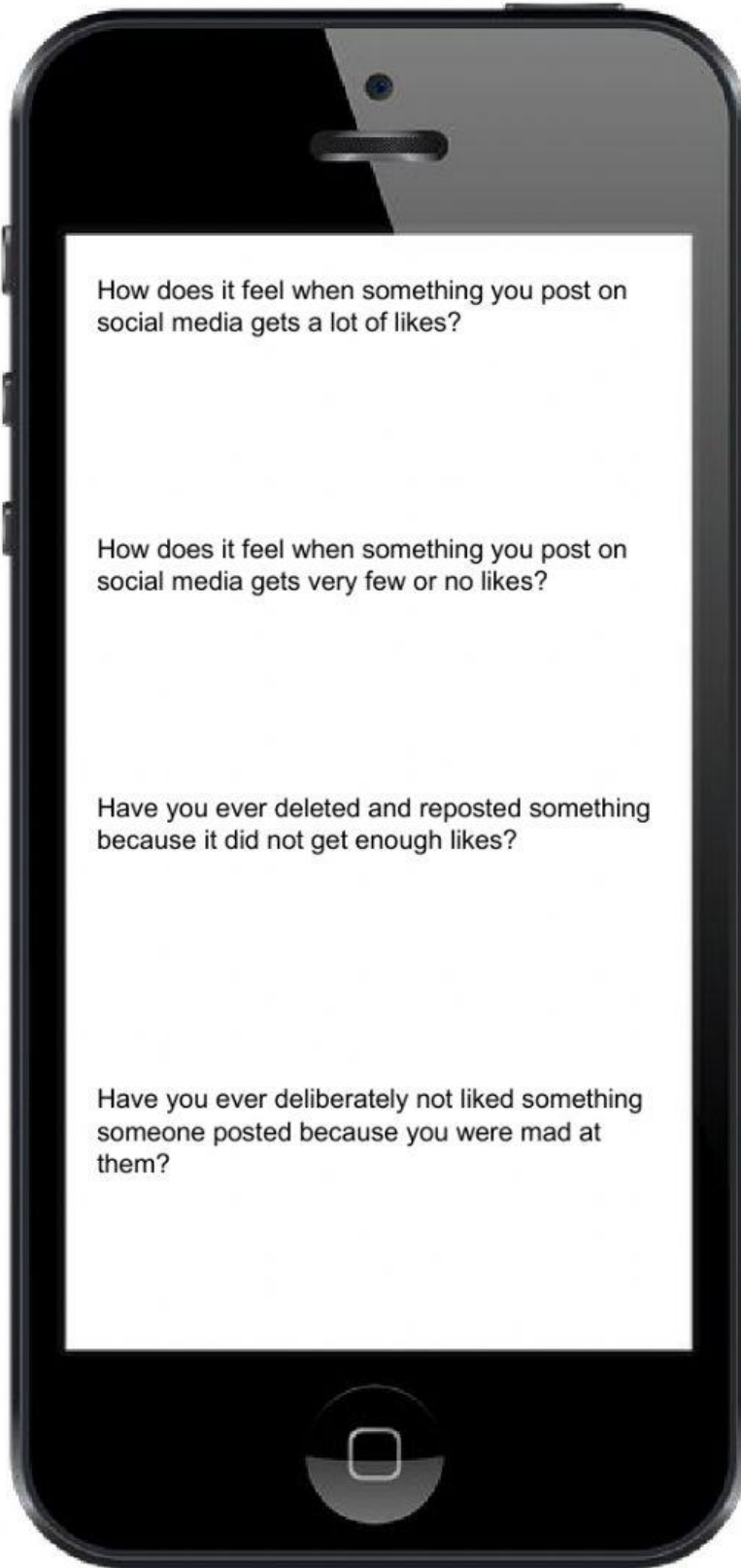


"Nosedive" Pre-Viewing



How long do you think you could make it without social media?

Have you ever considered deleting or deactivating some or all of your social media accounts?

Underline any words that describe how you feel using social media. Circle **one** word that most describes how you feel.

Happy	Friendly	Mad
Popular	Tired	Stressed
Relaxed	Jealous	Petty
Angry	Bored	Nothing
Overwhelmed	Unpopular	Fake
Authentic	Listened to	Ignored

Explain why you circled the word you did.