

**Form 7****Unit 3 “All about Food”****Test****V 1****1. Fill in the sentences choosing the correct item.**

1. When the water \_\_\_, add the rice.  
a) bake b) boil c) fry
2. You should always \_\_\_ fruit before eating it.  
a) mix b) pour c) wash
3. Heat the oil in a large pan and \_\_\_ the onion for 5 minutes.  
a) fry b) mash c) wash
4. \_\_\_ the meat into small pieces.  
a) cut b) fry c) slice
5. Add the eggs and \_\_\_ with sugar.  
a) chop b) mix c) served
6. \_\_\_ potatoes with some milk.  
a) mash b) boil c) fry

**2. Complete the story with the following words.**

water, local, toothbrushes, food, produced, energy,  
vitamins and minerals, fresh, skin

People need ... (1) to live.  
It gives us ... (2) for every action we do. It's never too early to start thinking about what you eat.  
If you eat .... (3) food you stay healthy.  
Apples and raw carrots are similar to small ... (4) which polish your teeth.  
.... (5) is necessary for fresh and healthy looking ... (6).  
You need about ten glasses every day.  
The best food is ... (7) food.  
When it comes to your table it is fresh, full of .... (8).  
It is a food ... (9) without chemicals, in a traditional way

**3. Fill in the blanks with "a few" or "a little" to complete the sentences.**

1. Mr. Sad is unhappy because he has got only \_\_\_ money.
2. I can see only \_\_\_ apples in the bowl.
3. The cook is putting \_\_\_ olive oil into the vegetable soup.
4. I want \_\_\_ sugar for my tea. Can you add it, please?
5. Susan needs \_\_\_ cucumbers for the salad.
6. There is only \_\_\_ water in that glass. I want some more.

**4. Write a recipe of your favourite salad.**

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