

Name:

Review for 1st term test

1. Read and match.

Food groups
Protein
Carbohydrates
Dairy
Fruit and vegetables
Fat

Functions
It gives us energy.
They have lots of calcium which gives us healthy teeth and bones.
It helps us grow and helps our bodies repair themselves.
It keeps us warm. It helps move our muscles. Too much is bad for us.
They have lots of vitamins and minerals which help us stay healthy.

Example
Bread, potatoes, noodles, pasta
Oil, butter
Yoghurt, cheese, milk
Beef, egg, milk, nuts, chicken, fish
Broccoli, apple, strawberries, lettuce

2. Read and circle the correct answer.

1. The cake **look / looks / look like / looks like** beautiful with a prince on it.
2. My mother says coffee without sugar **taste / tastes / taste like / tastes like** bitter.
3. My mom is cooking something. It **smell / smells / smell like / smells like** noodles with beef soup.
4. These cakes **taste / tastes / taste like / tastes like** chocolate and coconut.
5. The soup **smell / smells / smell like / smells like** yucky.
6. These potato chips **look / looks / look like / looks like** cheese.