My Daily Routine

Choose the ítems that are “good habits”.

a) Do exersice
b) Eat junk food everyday
c) Sleep 5 hours at night
d) Always brush your teeth after eating
e) Meditate everyday
f) Not brushing teeth
g) Drink water everyday
h) Play outside
i) Eat a lot of candies
j) Sleep 8 hours
k) Spent all day watching tv
l) Eat healthy
m) Smoke
n) Have positive thoughts

LIVEWORKSHEETS