Name_____ Day_____

READING TEXT



A Day in the Space Station

Astronauts at the International _____ Station are busy all day. They get up at _____ o'clock. Then they _____ and eat _____. At eight o'clock they start _____. In the morning they also _____ for an hour.

At one o'clock the astronauts eat _____. The food is prepared on _____ and put in _____ bags. The astronauts can choose from over a _____ different foods. In the _____ the astronauts do more experiments. Sometimes they put on a space _____ and space _____ outside. They exercise for another hour, too.

At seven o'clock they eat _____. In the _____ the astronauts _____, send e-mails, or take photos of space. At about _____ o'clock they go to _____.





14 Read and look. Check **T** for *True* and **F** for *False*.

1. Astronauts aren't busy in the morning. (T) (F)
2. Space food is prepared on Earth. (T) (F)
3. The space station circles the Earth in 90 minutes. (T) (F)

LIVEWORKSHEETS

15 **Read and write.** Work with a partner. Talk about a day in the space station.

Morning

•get up at _____ •wash up and eat _____

•start experiments at _____ •exercise for _____ hour

Afternoon

•eat lunch at _____ •do more _____

•sometimes they space _____ •exercise for _____ hour

Evening

•eat dinner at _____ •read, send e-mails, or take _____

•go to bed at _____

16 **Work with a partner.** Answer the questions.

1. When do astronauts exercise?
2. What time do they start experiments?
3. When do astronauts space walk?
4. When do they read?
5. What time do the astronauts go to bed?

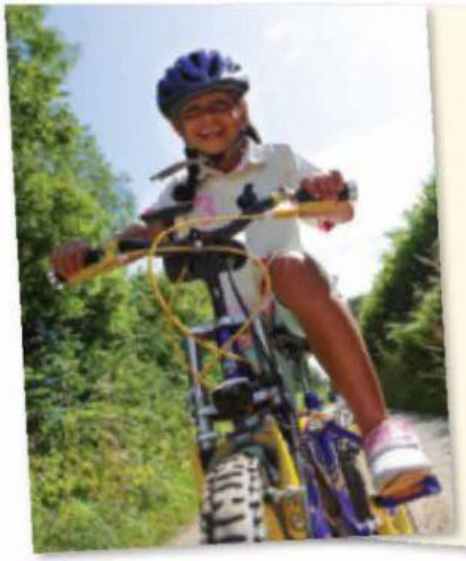


Astronauts grow about 5 cm (2 in.) in space.

17 **Work with a partner.** Talk about your day. How is it different from an astronaut's day? How is it similar?



LIVEWORKSHEETS



My favorite day is Saturday. I never eat breakfast before 10 o'clock in the morning. I ride my bike or rollerblade with my friends in the afternoon. I play video games with my sister in the evening. Saturday is always a great day!

18 **Write.** Write about your favorite day.

1. What is your favorite day?

_____

2. What do you do in the morning?

_____

3. What do you do in the afternoon?

_____

4. What do you do in the evening?

_____

19 **Work in groups of three.** Take turns.
Read your writing to your group. Listen.
Fill in the chart.

Name	Favorite day

LIVEWORKSHEETS

LIVEWORKSHEETS