

The Most  
Important  
Qualities of a  
Best Friend



1. What qualities does a good friend possess? Make a list of three or four ideas.
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2. Listen to five people talking about their best friends. Do they mention any of the qualities in your list?
3. Listen again and complete the table with the positive and negative adjectives used to describe the friends.

	Positive adjectives	Negative adjectives
Speaker 1		
Speaker 2		
Speaker 3		
Speaker 4		
Speaker 5		

4. Listen again and choose from the list (A-H) what each speaker says about their best friends. There are three extra letters which you do not need to use.

My best friend ....

A. once helped me in a difficult situation.	Speaker 1
B. sometimes has an attitude that annoys me.	Speaker 2
C. can find humour in any situation.	Speaker 3
D. is often judged unfairly by people.	Speaker 4
E. has a talent which made him/her popular.	Speaker 5
F. gets anxious very easily/	
G. didn't use to be fond of me.	
H. is frequently mean to other people.	