

- 6 * Underline the correct verbs to complete the text.



Football is one of the most popular games in the world – but how much do you know about it? You ¹ must/mustn't kick the ball with your foot – but you ² should/must look around before you kick so you know where your team mates are! You ³ mustn't/shouldn't kick other players – it's against the rules. The goalkeeper can touch the ball, but the other players ⁴ mustn't/shouldn't touch the ball with their hands. You ⁵ mustn't/shouldn't eat a big meal just before the game, it's not a good idea. After the game, you ⁶ should/must have a shower and then relax.

- 7 ** Rewrite the sentences so the meaning is the same. Use **should/shouldn't** and **must/mustn't**.

- 1 It's a good idea to wear comfortable shoes when you do sport.

You should wear comfortable shoes when you do sport.

- 2 It's very important to follow the rules in sport.

You must follow the rules in sport.

- 3 It's against the rules to pick up the ball in football.

You _____.

- 4 It isn't a good idea to go out the night before your exams.

You _____.

- 5 It's a good idea to do some exercise every day.

You _____.

- 6 It's very important not to go swimming after you eat a big meal.

You _____.

- 7 It's very important to have a healthy diet.

You _____.

- 8 It's a good idea to sleep eight hours every night.

You _____.