



Unscramble the words.



1. o e m r

2. t m e t r a

3. r e a c m o p

4. m a a n e i z g

5. y s a

6. l r a e

a.



b.



c.



d.



e.



f.



Complete the sentence. One is extra. (- think - real - picture - more)

7. I can take a _____ of you using my phone.

8. It's important to _____ before you act.

9. This plastic orange looks so _____.

Read then choose the correct answer.

Do you like your body? Many people say no. They compare themselves to others. They see beautiful people in magazines. Then they feel bad. Most people don't look like that. These pictures aren't real. People change them with computers. No one looks like that!

How you look does not matter. How you feel does. Think about the things that can make you feel good. Then do more of those things!

10. The story is about _____.

a. taking pictures

b. having a good body image

c. exercise

11. People often _____ themselves to other people.

a. compare

b. picture

c. matter

12. Where do people often see beautiful people?

a. in themselves

b. all around

c. in magazines

13. What really matters?

a. Looking good.

b. Feeling good.

c. Making money.

14. Why do people feel that the pictures in magazines aren't real?

a. No one reads magazines.

b. They are of beautiful people.

c. People change them with computers.

