UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES – IBRA LEVEL 3. LISTENING. UNIT 4. LISTENING A

	collect,	available,	flow, manag	ge, require,	collect,	enougn
	When we think about resources, we usually think about oil, gas, gold and other such					
thi	ngs. Howeve	er, many people	forget that time i	s also an importan	t resource and w	e should learn
to	1	it well. M	any people comp	plain that they don	't have 2	
tin	ne to do ever	ything. They say	that they 3		to spend	a lot of time a
sc	hool or office	es, so they have l	ittle time 4		for recreation	and
rel	axation. This	s affects their phy	ysical and menta	l health. We cannot	ot stop the 5	
of	time and if w	we don't use it w	ell, it will go wa	sted like all other r	resources.	
		(Biju C Thomas)			

