




# English exam – Kids 15

## I. Listening:

1 Listen and number.  100



2 Listen again and write T (true) or F (false).

1 Joe feels tired when he gets to school. \_\_\_\_\_

2 Sarah is healthier now. \_\_\_\_\_

3 Ella doesn't like fizzy drinks. \_\_\_\_\_

4 Pete never eats sweets. \_\_\_\_\_

b. Listen the "letters of the alphabet" and write the word.

1. \_\_\_\_\_.

2. \_\_\_\_\_.

3. \_\_\_\_\_.

4. \_\_\_\_\_.

5. \_\_\_\_\_.

## II. Writing

### a. Match the sentences with the pictures.



- a I've got a headache.
- b She feels sick.
- c He's got a stomach ache.
- d I feel dizzy.
- e He's got a cold.
- f She's got a sore throat.
- g I've got a cough.
- h He's got an earache.
- i They're taking medicine.

### b. Complete the sentences.

Write.

could    couldn't    can    can't



Nine years ago,  
I was a happy baby ...

When I was a baby, I <sup>1</sup> couldn't walk or talk.

But I <sup>2</sup> could sleep and play every day.

Now I have to go to school every day, so I <sup>3</sup> can't

play all day anymore. But now I <sup>4</sup> can ride a bike,  
swim and speak two languages.

Write about what people *could* and *couldn't* do 200 years ago.

use a computer    write with a feather    watch TV    go to school by horse and cart

1 What could people do 200 years ago?

People could

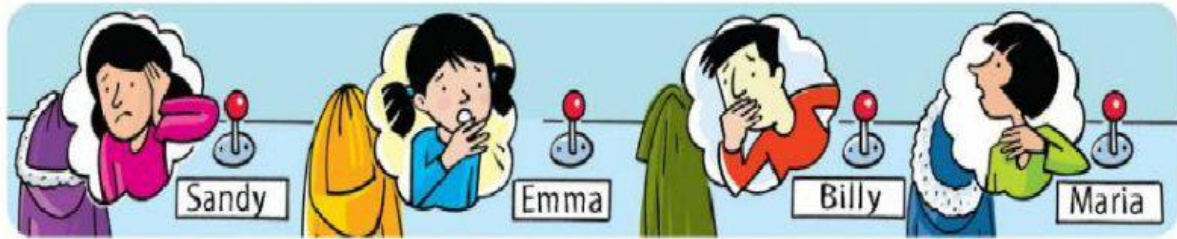
2 What couldn't they do 200 years ago?



c. Complete the sentences.

Write. cough a sore throat take medicine felt sick an earache

Today, four children in my class weren't at school because they were ill. Sandy didn't go to school because she had <sup>1</sup> an earache. She had to stay in bed all day. Emma had a bad <sup>2</sup> \_\_\_\_\_ and had to <sup>3</sup> \_\_\_\_\_. Billy ate some bad food and he <sup>4</sup> \_\_\_\_\_. He had to drink lots of water. And Maria had <sup>5</sup> \_\_\_\_\_ and she had to suck special sweets. It was quieter than usual at school today!



Write. take happen come on fell over matter hurt

What's the <sup>1</sup> matter ?

Phil has <sup>2</sup> \_\_\_\_\_ his foot.

Where did it <sup>3</sup> \_\_\_\_\_ ?

He <sup>4</sup> \_\_\_\_\_ in the playground.

<sup>5</sup> \_\_\_\_\_ Phil to the school nurse, please.

OK. <sup>6</sup> \_\_\_\_\_ Phil.

d. Put in order the sentences.

- see / should / doctor/ You / a

\_\_\_\_\_ .

- should/ You / for / study/ exam / the

\_\_\_\_\_ .

### III. READING:

## How to stay healthy

We all want to be fit and healthy, so here are some tips to help.

#### Take lots of exercise

Watching TV or playing computer games won't make you fit, but playing sports will. You can join a club or play with your friends in a park. If you don't like team sports, you can walk to school, go swimming or try skating instead. Regular exercise makes you feel stronger and gives you more energy.

#### Eat a healthy diet

Sweets, chocolate and crisps are fun to eat sometimes, but it is not good to eat them every day. These foods contain too much sugar, fat or salt. Make sure you eat vegetables, such as cabbage, with every meal, and plenty of fruit, too. Fruit and vegetables help you stay healthy and grow strong.

#### Drink lots of water and milk

Water or juices are better for you than fizzy drinks because fizzy drinks contain lots of sugar. Eating a lot of sugar is bad for your teeth. One can of cola contains about nine teaspoons of sugar! Milk is good because it contains lots of calcium. You need calcium to help your 206 bones to grow and keep your teeth strong.

There is this much calcium in a serving of ...



- 1 a glass of milk
- 2 two sardines
- 3 cabbage
- 4 cheese
- 5 yogurt
- 6 beans

Read again and complete the sentences.

- 1 Walking and skating are types of exercise.
- 2 You should eat \_\_\_\_\_ with your meal.
- 3 There is a lot of \_\_\_\_\_ in fizzy drinks.
- 4 \_\_\_\_\_ has got a lot of calcium.
- 5 Vegetables help you to stay \_\_\_\_\_.
- 6 Calcium keeps your \_\_\_\_\_ strong.

- 1 What exercise can you do if you don't like team sports?

You can walk to school, go swimming or go skating.

- 2 What types of food contain too much sugar?

- 3 Which drinks are healthy?

- 4 Which drink has lots of sugar?

- 5 Which has more calcium: yogurt or cabbage?

