

FEELINGS

In the following text you will find feelings that we have all had at some time, that is why it will be very easy to identify them. You must select the feelings that you think we have all been able to feel at some time.

Life is wonderful, with everything that can happen, we all have good, regular, and difficult moments, which make life have meaning. But without feelings, what would we be in this life? We continually express feelings of crying, sadness, however we also have emotions of joy and happiness that motivate us to move forward with the people we love. There are other feelings that make us feel worse, such as anguish, depression, anxiety that can lead to making bad decisions. Remember that life is beautiful despite the difficulties.