

# Time Off

Name \_\_\_\_\_

Date \_\_\_\_\_

Look at these free time activities. Then write the activities in the correct column.

museums	running	basketball	judo
art galleries	skateboarding	cards	diving
pilates	mountain biking	concerts/gigs	the gym
table tennis	gymnastics	festivals	chess
yoga	volleyball	cycling	the theatre

  

do	play	go	go to
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Fill in the gaps in sentences 1-4 with **do**, **play**, **go** or **go to**

1. We use \_\_\_\_\_ with words that end in *-ing*.
2. We use \_\_\_\_\_ with sports with a ball and other games.
3. We use \_\_\_\_\_ with places and events.
4. We use \_\_\_\_\_ with things you do in a gym or health club.

Work in pairs. Can you think of any more words/phrases that go with **do**, **play**, **go** or **go to**? Write it down in the correct column.



## Reading and Listening

How do people in the UK spend their free time, do you think?

Read the article. Guess the correct answers a-r. (CD1.7)

A new survey on the free time and shopping habits of the British people is published this week – and it shows that we still love football, going to pubs, watching TV and eating fish and chips! Here are some of the results from the survey.

- The British are **always** happy when they're socialising. 55% of <sup>a</sup>men/women and 44% of <sup>b</sup>men/women go to a bar or pub **every week**.
- About <sup>c</sup>20%/30% of adults go to a festival or a concert at least once a year and <sup>d</sup>20%/30% go to the theatre. About 25% go to a museum or an art gallery.
- British people **generally** watch TV for about <sup>e</sup>three/four hours every day – and about <sup>f</sup>25%/45% of men have dinner and watch TV at the same time!
- The average British person spends more than <sup>g</sup>15/22 hours online **every month**, and a <sup>h</sup>half/quarter of that time is on social networking sites like Facebook and Twitter.
- <sup>i</sup>More/Less than half of all adults in the UK do some sport every month. About <sup>j</sup>7%/15% of British people go swimming and <sup>k</sup>7%/15% play football – but 32% watch football on TV **once or twice a week**.
- British people **normally** go on holiday **once a year**, but <sup>l</sup>10%/20% of people have two or more holidays a year. The most popular holiday destination is <sup>m</sup>Spain/France.
- <sup>n</sup>30%/46% of adults go to a McDonald's restaurant **every three months**, but <sup>o</sup>30%/46% go to a traditional fish and chip shop.
- The British spend £48 million on <sup>p</sup>tea/coffee and £56 million on <sup>q</sup>tea/coffee every month.
- And every British person eats <sup>r</sup>7/10 kg of chocolate every year –more than any other country in the world!

## Frequency adverbs and expressions

Put these frequency adverbs and expressions into the correct order and in the correct column.

hardly ever

always

never

sometimes

occasionally

often

usually/normally/generally

three times a week

every Saturday

once every three months

once or twice a year

once a month

every couple of weeks

twice a day

frequency adverbs	frequency expressions
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____
6. _____	6. _____
7. _____	7. _____

## Grammar rules

Where do we put frequency adverbs? Look in the article to make these rules.

- Frequency adverbs go **before/after** the verb **be**.

e.g. \_\_\_\_\_

- Frequency adverbs go **before/after** main verbs.

e.g. \_\_\_\_\_

Where do we put frequency expressions? Look in the article to make the rule.

- Frequency expressions go \_\_\_\_\_

e.g. \_\_\_\_\_



Make sentences with these words.

1 | running | go | sometimes | Sundays | on | I .

2 | do | a week | normally | or twice | We | once | yoga .

3 | months | I | every | go to | once | six | the dentist

4 | is | on | home | Sundays | Alexander | generally | at .

5 | of weeks | every | goes | diving | Carly | couple | .

6 | are | in January | always | parents | My | on holiday | .

7 | I | two | an art gallery | times | go to | or three | a year .

8 | volleyball | play | occasionally | at | We | the weekend | .

9 | a | year | my | I | or twice | grandparents | once | see .

Write six sentences about your free time activities. Use different frequency adverbs and expressions from this lesson.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## Listening and speaking

A researcher is interviewing Robert for this year's British free time survey. Listen and fill in the form.



Free time survey	
ACTIVITY	HOW OFTEN?
go to a bar or a pub	
go to the theatre	
go to museums or art galleries	
watch TV	
do sport	
go on holiday	

Write sentences about Robert's free time activities. Use third person singular.

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Work in pairs. Compare Robert's answers with the newspaper article. In what ways is he a typical British person?

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