



Someone who...

ADJECTIVE

OPOSITE

- Is relaxed and doesn't worry
- Helps other people
- Is happy
- Feels they can do something well
- Make good decisions
- Understands what other people are feeling
- Wants to be succesful
- Is naturally good ats omething
- Likes being with other people
- Does a lot of exercise
- Doesn't get angry when things take a long time
- Makes you feel want to do something