Grammar training

-ed/-ing Adjectives



Complete these sentences.

1. We were so **excited / exciting** to be at such an elegant party.
2. Lying in a hot bath is **relaxed / relaxing**. Sandra is so **relaxed / relaxing** right now.
3. I thought the programme on wildlife was **fascinated / fascinating**. I was absolutely **fascinated / fascinating**.
4. I think the way Jessica behaved was quite **shocked / shocking**. I was **shocked / shocking**.
5. The test results were **surprised / surprising**. I was **surprised / surprising** at the test results.
6. What **thrilled / thrilling** news this is! Congratulations! I am so **thrilled / thrilling** to hear your good news.
7. When I got onto the roof, I felt **frightened / frightening**. For one **terrified /terrifying** moment I thought I was going to fall.
8. The journey took all day and night. They found it very **tired / tiring**. After travelling all that time they were very **tired / tiring**.
9. We were **pleased / pleasing** to spend Christmas together.



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