

Food adjectives

1 Choose the correct words.

- 1 Healthy food is **good** / **bad** for you.
- 2 **Everyone** / **No one** enjoys a delicious meal.
- 3 Raw vegetables are usually **hard** / **soft**.
- 4 You can keep frozen meat for a **long** / **short** time.
- 5 Spicy food has **little** / **a lot of** flavour.
- 6 Organic food is very **natural** / **artificial**.
- 7 The **best** / **worst** apples are sweet.
- 8 It's **easy** / **difficult** to eat a tough steak.

2 Rewrite the sentences in exercise 1 with the words below so that they have the opposite meaning.

■ cooked ■ disgusting ■ fresh ■ plain ■ processed ■ sour
■ tender ■ unhealthy

- 1 food is for you.
- 2 enjoys a meal.
- 3 vegetables are usually
- 4 You can keep meat for a time.
- 5 food has flavour.
- 6 food is very
- 7 The apples are
- 8 It's to eat a steak.



3 Complete the sentences with adjectives in exercises 1 and 2.

- 1 Most salads contain r..... vegetables.
- 2 Indian food is very s.....
- 3 Add some sugar if the fruit isn't s..... enough.
- 4 That fish is f..... – it was caught this morning.
- 5 Pizzas are u..... if you eat too many of them.
- 6 My steak was so t..... that I couldn't eat it.
- 7 We buy o..... food because it contains no additives.
- 8 Our meal was d..... We won't go back to that restaurant.
- 9 If you put too much vinegar in the salad, it will taste s.....
- 10 My favourite food is pasta. I think it's d.....