

A Biography of Kilian Jornet

Preparation task

Match the definitions (a–h) with the vocabulary (1–8).

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| 1. kidneys | a. to climb to the top of something |
| 2. endurance | b. a mountain guide from the Himalaya mountains |
| 3. to scale | c. the height of a place above sea level |
| 4. breathless | d. a long, hard walk |
| 5. a hike | e. a climb up a mountain or other object |
| 6. a Sherpa | f. the ability to do something difficult for a long time |
| 7. an ascent | g. two organs in the body that process liquid waste |
| 8. altitude | h. not breathing easily |